

**Provided by:**



**Autism**  
**DELAWARE**

**Helping People and Families Affected by Autism**

## **Resource Guide 2016**

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Autism Delaware is a non-profit 501 (c) (3) organization and  
serves the entire state of Delaware

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## **About this Resource Directory**

Not knowing where to turn for help is often one of the first and most concerning problems for a parent whose child has been diagnosed with autism or an autism spectrum disorder. This resource directory is not a comprehensive listing of services, but rather a listing of mostly parent recommendations and will always be a work in progress. Updates to the directory will be completed annually.

## **About Autism Delaware**

Autism Delaware was started in 1998 by a group of Delaware families who shared the common experience of autism. The group soon realized that by working together they could provide much needed service and support to Delaware's autism community and have a much stronger voice in local government, in the classroom, and wherever else advocacy for the autism community is needed. Today, thanks to our dedicated volunteers, talented staff, and generous supporters, Autism Delaware has grown to become a strong advocate for the autism community and provide services and resources such as:

- ⌘ Information and referral
- ⌘ Parent mentoring and support
- ⌘ Speakers and conferences
- ⌘ Individual, youth, and family social opportunities
- ⌘ A newsletter – The Sun, email groups, and website
- ⌘ POW&R (Productive Opportunities for Work and Recreation)
- ⌘ Public awareness campaigns
- ⌘ Clinical/Behavioral Services (limited)
- ⌘ Financial stipends for parents and educators to advance their skills and knowledge by attending training

In addition, Autism Delaware works very hard to raise public awareness so that children and adults with autism can find acceptance and understanding in their communities. We also organize advocacy efforts at state and national levels, award scholarships, offer conference stipends to families helping to offset the costs of attending conferences and seminars, and educate the medical community about the importance of early identification and intervention. In 2007, Autism Delaware underwrote and started POW&R (Productive Opportunities for Work and Recreation) which is an adult service program for individuals considered to be on the autism spectrum.

Each year we plan three major fundraisers to keep our efforts going: the Walk for Autism which is a family event held in April; a celebrity-am golf outing in the spring, and our Auctions held in the fall in Sussex and New Castle Counties. We accept donations too, and we appreciate your support!

As we move towards the future, and Autism Delaware matures, we will continue to grow to meet the needs of the state's ever-expanding autism community.

## **Our Mission**

Autism Delaware will create better lives for people with autism and their families in Delaware.

## **Vision Statement**

Autism Delaware will ensure that all people with autism have opportunities to learn, grow and live full lives as included and valued members of their communities. As the preeminent statewide autism organization in Delaware, we will, increase our ability to offer direct services to the community, and we will continue to expand our capacity to raise awareness, offer families information and connections, advocate with policymakers and legislators, and increase recreational and employment opportunities for children and adults with autism.

## **Options Policy**

Although Autism Delaware is no longer an affiliated chapter of the Autism Society of America, we maintain the ASA Options Policy, and we do not endorse any specific line of treatment. All information provided in this packet and in other Autism Delaware publications, such as the newsletter, is for information purposes only and is not considered to be an endorsement. Parents or individuals with autism spectrum disorders should investigate alternatives that may be most appropriate for themselves and their child. Autism Delaware assumes no responsibility for the use made of any information published or provided by Autism Delaware.

## What is an Autism Spectrum Disorder?



### Autism

Autism spectrum disorder, or “ASD”, is the most common condition in a group of disorders known as neurodevelopmental disorders. The diagnostic criteria for autism have recently been revised and can be found in the DSM-5 (pub. May 2013). ASD is characterized by impairments in three distinctive areas, whether currently or by history:

- Social communication (verbal and nonverbal) and social interaction
- Restricted, repetitive behaviors, interests, or activities
- Each of the 2 areas above can have a severity level specified of 1, 2, or 3

DSM-IV diagnoses of autism, Asperger’s, and PDD-NOS will no longer be in use. As noted in the new DSM-5, individuals with a well-established DSM-IV diagnosis of autistic disorder, Asperger’s Disorder, or PDD-NOS should be given the new diagnosis of Autism Spectrum Disorder. In addition, a completely new disorder, social (pragmatic) communication disorder, is included in the DSM-5. It’s appropriate for those who have marked deficits in verbal and non-verbal communication, but do not meet the restricted, repetitive patterns of behavior, interests, or activities criteria for ASD. The DSM-5 clearly states, however, that ASD is the primary diagnostic consideration for individuals with social communication deficits.

ASD severity and symptoms vary widely, thus the new official reference to the “spectrum”. Symptoms can range from mild to severe. Scientists aren’t certain what causes autism, but it’s likely that both genetics and environment play a role.

Autism affects each individual differently. Some people with autism are relatively high-functioning with speech and average or above intelligence, while others have severe learning disabilities, and possess few or no language skills. This variation in abilities is often referred to as the autism spectrum.

ASD symptoms typically appear during the first three years of life, but must, by definition, be present in the early developmental period. They may not become obvious until social demands exceed the person’s limited capabilities, or may be masked by strategies learned in intervention. Many people have also been diagnosed in their teen or adult years due to more recognition of symptoms and greater education about the disorder among doctors and clinicians over the last several years. Increasingly, researchers and well trained professionals are able to diagnose ASD at younger ages.

Diagnosis of an Autism Spectrum Disorder can be difficult; often individuals are misdiagnosed. For more information on ASD, please see our recommended resources and readings. If you would like to talk to a family support staff about evaluations and diagnosis, please call an Autism Delaware office.

## **Common Characteristics of Autism**

The symptoms and characteristics of autism can occur in a wide variety of combinations, and can be from mild to severe. For example, it is possible for a child with an autism spectrum disorder to make eye contact with others but still meet criteria for the disorder. While autism is defined by a certain cluster of areas of difficulty or deficit, children and adults can exhibit any combination of the behaviors with varying degrees of severity. A child with a higher level of severity may not speak at all, while a child with Asperger's or a lower severity level may have advanced language, but still have difficulty with communication. Please see the following examples.

### **Deficits in Communication Skills**

- ⌘ Deficits in social-emotional reciprocity, ranging from abnormal approach to failure to initiate or respond to social interaction
- ⌘ Deficits in nonverbal communicative behaviors used for social interaction, like abnormal eye contact or body language or use of gestures
- ⌘ Repeats words in place of language (called echolalia)
- ⌘ Leads people by the hand in place of asking verbally

### **Difficulty Relating to Others**

- ⌘ Difficulties developing, maintaining, or understanding relationships, ranging from difficulties in adjusting behavior to suit various social contexts to absence of interest in peers
- ⌘ Lack of response to verbal requests
- ⌘ No response when name is called
- ⌘ Avoidance of physical contact
- ⌘ Indifference to others' distress or pain

### **Unusual Behaviors**

- ⌘ Self-stimulation such as spinning, rocking, hand flapping, etc.
- ⌘ Hyper-sensitive or hypo-sensitive to sound, lights, touch, or movement
- ⌘ Inappropriate laughter or tantrums for no apparent reason
- ⌘ Inappropriate attachment to objects
- ⌘ Can exhibit obsessive and /or compulsive behaviors
- ⌘ Repetitive play for extended periods of time
- ⌘ Insistence on routine and sameness
- ⌘ Difficulty dealing with change, often with change to schedule or routine
- ⌘ Possible self-injurious behavior

## **Differences in Infant Behavior**

As a parent with concerns about your child's development, you may want to compare your child with a typically developing child. Websites with video comparisons include: <http://www.autismspeaks.org/video/> or [http://www.firstsigns.org/asd\\_video\\_glossary/](http://www.firstsigns.org/asd_video_glossary/).

Infants without Autism	Infants with Autism
<p><b>Communication</b></p> <ul style="list-style-type: none"> <li>⌘ Study mother's face</li> <li>⌘ Easily stimulated by sounds</li> <li>⌘ Keep adding to vocabulary and expanding grammatical usage</li> <li>⌘ Wave hello &amp; good-bye</li> </ul>	<p><b>Communication</b></p> <ul style="list-style-type: none"> <li>⌘ Avoid eye contact</li> <li>⌘ Unresponsive to sounds/noise</li> <li>⌘ May start developing language, then abruptly stop talking altogether</li> <li>⌘ Do not wave</li> </ul>
<p><b>Social Relationships</b></p> <ul style="list-style-type: none"> <li>⌘ Cry when mother leaves the room and are anxious with strangers</li> <li>⌘ Get upset or angry when frustrated</li> <li>⌘ Recognize familiar faces and smile</li> <li>⌘ Try to gain joint attention of parent or caregiver to "show" them things</li> </ul>	<p><b>Social Relationships</b></p> <ul style="list-style-type: none"> <li>⌘ Act as if unaware of the coming and going of others</li> <li>⌘ Physically attack and injure others without provocation</li> <li>⌘ Are inaccessible, as if in a shell</li> <li>⌘ Do not try to "show" parent or caregiver things</li> </ul>
<p><b>Interaction with Environment</b></p> <ul style="list-style-type: none"> <li>⌘ Move from one engrossing object or activity to another</li> <li>⌘ Use purposeful actions to reach or acquire objects</li> <li>⌘ Explore and play with toys</li> <li>⌘ Seek pleasure and avoid pain, react when harmed.</li> <li>⌘ Point at objects and sounds</li> </ul>	<p><b>Interaction with Environment</b></p> <ul style="list-style-type: none"> <li>⌘ Remain fixated on a single item or activity</li> <li>⌘ Practice repetitive actions like rocking or hand-flapping</li> <li>⌘ Sniff or lick toys</li> <li>⌘ Show little or no sensitivity to pain, and may engage in self-mutilation, OR seems to overreact to touch</li> <li>⌘ Does not point at objects or sounds</li> </ul>

Infants with autism will not always exhibit every symptom of autism – usually there is a marked absence of the typical milestones along with some combination of the traits of autism.

## Asperger's Disorder

Asperger's disorder was an autism spectrum disorder that was included in the DSM-IV but is not an official diagnosis any more under the new DSM-5. However, the autism community has used this term for some time and continues to use it amongst themselves currently, so we continue to include some discussion on Asperger's here. Asperger's affects two-way social interaction, verbal and nonverbal communication, and is often characterized by a reluctance to accept change, inflexibility of thought, and narrow area of interests. Individuals with Asperger's disorder are often very good with *rote memory skills* and many excel in math and science. By definition, people with Asperger's do not have deficits in cognitive or intellectual abilities, and they are verbal, although they sometimes use their language differently than typical peers. There is a wide range in the severity of symptoms with the most mildly affected child often going undiagnosed, possible with adults thinking he/she is simply odd or eccentric. In reality, individuals with Asperger's or who are considered "high-functioning" often need support to be successful.

Generally, those with Asperger's disorder find social situations difficult, and often have trouble making friends. This is likely due to not understanding the subtle social clues necessary to do so. They tend to take literal meanings from what is read or heard, and need metaphors or similes explained to them. Individuals with Asperger's disorder seem to be happiest with a highly structured environment that does not often change.

Some children whom have Asperger's disorder can have *hyperlexia*, which means they can read at levels far above what is expected for their age but they do not understand language at the same level. They have difficulty understanding the meaning of the words they are reading.

One of the hallmarks of Asperger's disorder is the child's preoccupation and obsession with certain topics, such as trains or computers. These pre-occupations can change over time, but remain intense, and are often pursued to the exclusion of other activities.

Typical signs of Asperger's disorder can include:

- ⌘ Difficulty making or keeping friends
- ⌘ Difficulty reading or communicating through nonverbal social cues, such as facial expressions or body language
- ⌘ Not understanding that others may have thoughts or feelings different from his or her own
- ⌘ Obsessive focus on a narrow interest, such as reciting train schedules
- ⌘ Awkward motor skills
- ⌘ Inflexibility about routines, especially when changes occur spontaneously
- ⌘ Mechanical, almost robotic patterns of speech
- ⌘ Sensory differences or difficulty



## **Evaluations: What kind of evaluation does your child need?**

A typical general psychological evaluation consists of an assessment of intelligence or cognitive ability and social or emotional functioning. A more in depth evaluation would also assess visual-motor integration, memory, achievement, adaptive functioning, and screening for psychological and developmental disabilities. Any assessment typically includes gathering background information, interviewing the child and parent, standardized testing, observation, and informal rating scales. An evaluation to assess for autism spectrum disorders should contain different pieces than a traditional general psychological evaluation. An autism evaluation is somewhat of a specialty evaluation.

Evaluations for educational supports and some therapeutic interventions can be performed by Child Development Watch before a child's third birthday or your home school district from birth to 21. Delaware has a public education program for students with autism, frequently referred to as the DAP (Delaware Autism Program). There are currently only 6 official DAP programs in Delaware. DAP programs have their own evaluation process. A student must be referred by the home school district/IEP team. A parent may not refer their own child directly to the DAP. Private medical psychological evaluations for autism can be done by private therapists or doctors trained to do such evaluations, but often for educational purposes, the school psychologist and IEP team members (Speech Language Pathologist, Occupational Therapist, teacher, etc.) will complete the school's own evaluation. DOE, or the Delaware Department of Education, has on their website the State's regulations regarding educational evaluations used to determine eligibility for special education services. These evaluations are referred to in the educational system as a "psycho-educational evaluation". Please see their website for the specific regulations for school evaluations. It can be found in the link below or by searching for Title 14, 900 Special Populations, section 925 Children with Disabilities Subpart D, Evaluations, Eligibility Determination, and Individual Education Plans.

(<http://regulations.delaware.gov/AdminCode/title14/900/925.shtml#TopOfPage>)

Likewise, in order to access private therapies and services outside of school, most insurance companies would require an evaluation and diagnosis by a medical (non-school) professional in order for them to pay for any outpatient therapies.

Medical sector evaluations can be done by a developmental pediatrician, psychologist, neurologist, behavioral medicine departments, and teams of professionals at an autism center of excellence. We suggest that wherever you obtain an evaluation, you ask for an autism evaluation and request someone with special training and experience in evaluating this disorder. Some families begin with a developmental pediatrician during the younger ages. Psychological and psychiatric evaluations are also sometimes helpful to assess for co-occurring mental health issues and the usefulness of medications.

## **Physical and Medical Issues Related to Spectrum Disorders**

*Please note that we are citing information available at the Autism Speaks website, <http://www.aspergersyndrome.org/Forums.aspx>.*

### **Seizure Disorders**

Seizures occur in up to 39% of people with autism. They are more common in children who also have cognitive deficits. Seizures usually start early in childhood or during adolescence, but may occur at any time. There are different types and subtypes of seizures and a child with autism may experience more than one type. The easiest to recognize are large "grand mal" (or tonic-clonic) seizures. Others include "petit mal" (or absence) seizures and subclinical seizures, which may only be apparent in an Electroencephalogram or EEG. It is not clear whether subclinical seizures have effects on language, cognition, and behavior.

If you think your child may be having seizures, you should seek a referral to a neurologist who may order tests such as an EEG, an MRI (Magnetic Resonance Imaging), a CT (Computed Axial Tomography) and a CBC (Complete Blood Count).

### **Genetic Disorders**

A small number of children with autism also have a neurogenetic condition such as Fragile X Syndrome, Angelman's Syndrome, Tuberous Sclerosis, Chromosome 15 Duplication Syndrome or another chromosomal abnormality.

If a child has a family history or physical symptoms that are characteristic of one of these disorders, a pediatrician may order tests or may refer the family to a developmental pediatrician, a geneticist and/or a pediatric neurologist for testing. The chance of having one of these abnormalities is a little higher if the child also has cognitive deficits or intellectual disability. It is also higher if the child has certain physical features that are characteristic of a given syndrome.

While none of these conditions is curable, it is important to know if a child has one of these syndromes because there may be other medical issues that go along with some of them. Having a known genetic cause for autism may also change your risk of having another child with autism.

### **Gastro-intestinal Disorders**

Surveys have suggested that between 46 and 85% of children with autism have problems such as chronic constipation or diarrhea. If a child has symptoms such as chronic or recurrent abdominal pain, vomiting, diarrhea, or constipation, we urge you to see a gastroenterologist (preferably one that works with people with autism).

Pain caused by GI issues is sometimes recognized because of a change in the child's behavior. Look for an increase in self soothing, behaviors such as rocking or outbursts of aggression or self-injury. Bear in mind that a child may not have the language skills to communicate pain caused by GI issues. Treating GI problems may result in improvement in a child's behavior and his ability to learn.

A popular dietary intervention for GI issues includes the elimination of dairy and gluten containing foods. As with any treatment it is best to consult the child's physician to develop a comprehensive plan. There are very knowledgeable parents and groups in Delaware who have used and can provide you with more information about the Gluten and Casein free diet.

## **Sleep Dysfunction**

Sleep problems are common in children and adolescents with autism. Sometimes they may be caused by medical issues such as obstructive sleep apnea or gastro-esophageal reflux. Addressing the medical issues may solve the problem. In other cases, when there is no medical cause, sleep issues may be managed with behavioral interventions including "sleep-hygiene" measures such as limiting the amount of sleep during the day, and establishing regular bedtime routines. Many families have tried natural remedies, such as Melatonin or medication prescribed by a physician. This is a topic often discussed on Autism Delaware's online support group.

## **Sensory Integration Dysfunction**

Many children with autism have unusual responses to sight, sound, touch, smell, taste and movement (sensory stimuli, or input). These responses are due to difficulty in processing and integrating sensory information. This means that while information is sensed normally, it may be perceived much differently. Sometimes stimuli that seem "normal" to others can be painful, unpleasant or confusing by the child with Sensory Integration Dysfunction (SID). SID may also be called Sensory Processing Disorder or Sensory Integration Disorder. Many children have difficulties processing two senses at one time. For example, it may be difficult to look and listen at the same time. What is your child's preferential way to receive information?

An example of a child who is hypersensitive would be one who demonstrates the inability to tolerate wearing clothing, being touched, hearing sounds like fire alarms or vacuum cleaners, or being in a room with normal lighting.

A child who is hyposensitivity might have an increased tolerance of pain, thus not seeming to know when he/she is injured, or a constant need for sensory stimulation, such as enjoying bumping into things or spinning around and around. Treatment for Sensory Integration Dysfunction is usually addressed with occupational therapy and/or sensory integration therapy. Some OT's have specialized training in sensory dysfunction; you may want to ask a potential therapist about their training and experience with sensory integration therapy.

## **Pica**

Pica is a condition in which involves eating things that are not food. Children between 18 and 24 months often eat non food items, but this is typically a normal part of development. Some children with autism and other developmental disabilities persist beyond the developmentally typical time frame and continue to eat items such as dirt, clay, chalk or paint chips. Children showing signs of persistent mouthing of fingers or objects, including toys, should be tested for elevated blood levels of lead, especially if there is a known potential for environmental exposure to lead.

## **What do I do after diagnosis?**

For most families, coping with the diagnosis of an autism spectrum disorder can be a challenging, life changing, even scary experience. You may feel shocked, overwhelmed, and at a loss about what to do next. It's important to realize that the choices you make now can enhance the quality of your child's life. While it's difficult to accurately measure the impact, positive early intervention will enhance your family life, and will give your child opportunities to learn that may not be available if you wait.

Coping with your child's new diagnosis may be difficult not just for you, but for siblings, extended family, and friends. It is not uncommon to feel angry, confused, or scared. Many parents find it helpful to share their feelings with other parents, which is why Autism Delaware offers activities, meetings and support for all the autism community. A good way to start is to attend a parent coffee hour or sign up for our email list and/or on-line parent support group. To join the online support group, contact:

**ASDsupportgroup@googlegroups.com**. You may also call an Autism Delaware office to speak with one of our parent mentors.



**See First 100 Days Kit document-available online!**

**[www. autismspeaks.org/docs/family\\_services\\_docs/100\\_day\\_kit.pdf](http://www.autismspeaks.org/docs/family_services_docs/100_day_kit.pdf)**

**Additional information also available at [www.firstsigns.org](http://www.firstsigns.org).**

## Where to Start

### Recommended Checklist for Newly Diagnosed Children with Autism:

- ⌘ Contact Autism Delaware to speak with another parent and to learn more about local resources. Autism Delaware can be reached at (302) 224-6020 for the Newark Office and (302) 644-3410 for the Lewes Office, which serves Kent and Sussex counties. Participating in activities Autism Delaware offers is also a great way to meet other parents and also enjoy autism friendly recreation.
- ⌘ There is a great deal of information available to you about autism and autism spectrum disorders on the web and in books. Also, a free lending library can be found at the Parent Information Center located at 6 Larch Avenue, Suite 404, Wilmington, DE 19804 Phone: (302) 999-7394 or [www.picofdel.org](http://www.picofdel.org).
- ⌘ For a general developmental assessment, you can also contact:
  - **Child Development Watch** - serves children birth to their third birthday with a disability or a concern about a developmental delay. CDW offers general assessment, service coordination and early intervention to eligible children and their families. While this is not a service designed especially for children with autism spectrum disorder, Child Watch services may be helpful and can provide in-home therapies to young children. Referrals to this program can come directly from a concerned parent, physician, day care provider, or other service provider.

New Castle County-Chopin Building/University Plaza (302) 283-7240  
Toll free (800) 671-0050  
Kent and Sussex –Milford Walnut St Building (302) 424-7300  
Toll free (800) 752-9393  
(Spanish translator available)

⌘ You can schedule autism educational evaluations by contacting your local school district. In Delaware, children eligible under the educational classification of “autism” can be served by the school system starting at birth. Students with the educational classification of autism are entitled to 12 month educational programming (schooling in the summer). The Delaware Autism Program requires you to be referred by your home school district. Contact your local school district requesting to speak to someone in special services (the first number is for children before they have entered school, if there is a the second number listed, it is the general special services number:

<b>Appoquinimink</b>	<b>(302) 449-5873 x 2101</b>
	<b>(302) 376-4130</b>
<b>Brandywine</b>	<b>(302) 479-2600 Bush EEC</b>
	<b>(302) 793-5043</b>
<b>Caesar Rodney</b>	<b>(302) 698-4823</b>
	<b>(302) 697-4800 ask for sp. services</b>
<b>Cape Henlopen</b>	<b>(302) 645-7210 (Ms. Berry)</b>
	<b>(302) 645-6686</b>
<b>Capital</b>	<b>(302) 857-4241</b>
	<b>(302) 857-4239</b>
<b>Christina</b>	<b>(302) 454-2047</b>
	<b>(302) 552-2685</b>
<b>Colonial</b>	<b>(302) 429-4088 (Ms. Wales)</b>
	<b>(302) 323-2872 (Dr. Jon Cooper)</b>
<b>Delmar</b>	<b>(302) 846-9544 x 6 (Ms. Fishburn)</b>
<b>Indian River</b>	<b>(302) 436-1000</b>
<b>Lake Forest</b>	<b>(302) 398-8197 x 233 (Ms. Troyer)</b>
	<b>(302) 284-3020</b>
<b>Laurel</b>	<b>(302) 875-6105 x 223</b>
<b>Milford</b>	<b>(302) 422-1600 x 215</b>
	<b>(302) 424-5474 (Ms. Hallman for early intervention)</b>
<b>Red Clay</b>	<b>(302) 552-3773 (Ms. Koslowksi)</b>
<b>For school aged students not in public school</b>	<b>(302) 995 8793 (Ms. Shields)</b>
<b>Seaford</b>	<b>(302) 629-4587 x 1640 (Dr. Alba)</b>
	<b>(302) 629-4587 x 1630</b>
<b>Smyrna</b>	<b>(302) 659-6287</b>
	<b>(302) 653-3135</b>
<b>Woodbridge</b>	<b>(302) 337-7990 x 205</b>

**Child Find:** Your local school district is responsible for providing free diagnostic educational evaluations for all children three and older. Contact your home school district to initiate this process. These educational evaluations are conducted in order to determine a child’s educational needs. Please note that the educational classification is not the same as the medical diagnosis and that children diagnosed with an autism spectrum disorder may not always receive an educational classification of autism.

- ⌘ Schedule medical evaluations to assess for a possible medical diagnosis of autism spectrum disorder, and to get more thorough information about your child's diagnosis, strengths, areas of need, and recommendations for interventions. Make appointments with any neurologists, developmental pediatricians, or neuropsychologists the assessments recommend to get more details. Use these evaluations to help you decide what therapies or interventions to seek both at school and outside of school (medical).
- ⌘ Educate yourself on autism. Many books, websites, and materials are available.
- ⌘ Research and begin therapy/interventions as soon as possible. Research shows that for the best outcome for your child, early intervention is recommended. Every dollar spent on early intervention is saved on post-educational services.
- ⌘ Become informed about the special education process including IEPs (Individualized Education Plans). Attend workshops and parent trainings on IEP planning. Go to your child's IEP meeting with your own specific goals tailored to your child's unique needs. See the Department of Education's website to familiarize yourself with our state regulations about evaluations, IEPs, and such.  
(<http://regulations.delaware.gov/AdminCode/title14/900/925.shtml#TopOfPage>)
- ⌘ The **Parent Information Center** is also available to aid you with this process. (Visit [www.picofdel.org](http://www.picofdel.org).)
- ⌘ Consider applying for the Children's Alternative Community Disability Program, or Medicaid for children (18 and under) with disabilities. This program does not consider the assets or income of the parents. Call (302) 368-6610 in Newark or (302) 424-7210 in Milford for information and an application. For more information on the different types of Medicaid programs contact **Delaware Family Voices** at (302) 669- 3030.
- ⌘ Consider applying for Supplemental Security Income. Under the age of 18, eligibility is based on the child's parent's income. Over the age of 18, eligibility is based on the income of the individual who has the disability.
- ⌘ Consider applying for DDDS- the **Division of Developmental Disabilities**. If your child meets their criteria and is accepted, they can provide some funding for respite for your child with ASD. Also, if accepted, your child will be counted in the DDDS system and they will have funding for your child to serve him/her when he/she reaches transition age (14 years of age or 8<sup>th</sup> grade) and then when he/she finishes school. Download the application on their website:  
<http://www.dhss.delaware.gov/dhss/ddds/forms.html>

- ⌘ Access respite care. For school aged children who attend the DAP, use services and information about respite provided by the DAP. If your child does not attend the DAP, you may have respite funding available through DDDS if your child has applied and been accepted. Contact the DDDS Respite Coordinator, Bonnie Hummer, at (302) 933-3145. An additional resource is the Easter Seals Lifespan Respite Program. Applications can be found online at [www.delrespite.org](http://www.delrespite.org) or by calling (302) 221-2087 and requesting a paper copy. For adults you will need to contact your DDDS coordinator 2-4 weeks before requested date.
- ⌘ Begin estate-planning and personal futures planning. Explore a special needs trust and ABLE account, which are two different options. Consider your child's special needs in appointing a guardian. Keep your will and trust up to date and learn about writing a "letter of intent". Make preliminary goals for supported employment, socialization, and supported independent living.
- ⌘ Encourage your child to learn self-advocacy skills by creating decision-making and problem-solving opportunities. Plan recreational and socialization opportunities to develop social interaction skills.
- ⌘ Consider the needs of other family members. Professional counseling services are available to families needing support as well as counseling for sibling of individuals with ASD or other special needs. (see counseling sections).
- ⌘ If your loved one with autism does not have a Delaware identification card, it is a good idea to obtain one. Identification cards, like driver's licenses, may be obtained at any Division of Motor Vehicles office for a fee. They are valid for four years from the applicant's next birthday. For more information, see [http://www.dmv.de.gov/services/driver\\_services/drivers\\_license/dr\\_lic\\_idcard.shtml](http://www.dmv.de.gov/services/driver_services/drivers_license/dr_lic_idcard.shtml)



## **In addition to the above recommendations, consider the following for Transition out of school to adult services:**

### **By age 13:**

- ⌘ Begin to prepare for the Transition Plan, a component of the IEP. Set specific goals. The federal law (IDEA) mandates that transition planning must be included in the IEP.
- ⌘ Attend workshops on transition. Contact your school district, PIC, or talk to your resource teacher or school counselor.

### **By age 14-16:**

- ⌘ Consider community-based vocational instruction in the Transition Plan of the IEP. Ask for a variety of community experiences.
- ⌘ Apply for a Delaware ID card or driver's license at a Delaware Department of Motor Vehicles at age 16.
- ⌘ Investigate options for summer volunteer or work and adult employment and independent or supported living opportunities (see Transition to adulthood section)
- ⌘ Research college programs that have supports for individuals with special learning needs if your child is eligible for these programs. Please be proactive in planning; do not just hope for the best.
- ⌘ Start looking into Division of Developmental Disabilities Services-  
DDDS provides case management for all, day services for some and residential for only the most critical of circumstances.

<b>24 Hour Toll Free</b>	<b>(866) 552-5758</b>
<b>Office of Applicant Services</b>	<b>(302) 744-9700</b>
<b>Community Services Administrative Offices</b>	<b>(302) 933-3140</b>

#### **The Delaware Resource Center for Autism and Asperger's**

DDDS has developed a website with links on ASD:

Website: [http://www.dhss.delaware.gov/dhss/ddds/aar\\_temp\\_v2.html](http://www.dhss.delaware.gov/dhss/ddds/aar_temp_v2.html)

- ⌘ Learn about and explore adult guardianship information so you can decide if you want to seek guardianship of your child before he/she reaches the age of 18.

### **By age 18:**

- ⌘ Apply for DVR (Division of Vocational Rehabilitation) services before your child's final year in school. DVR will work with your child during their senior year if they are on an academic track or during their last year in the 18-21 programs.
- ⌘ Delaware offers an Early Start to Supported Employment program for students in their final year. The intent is to introduce them to the adult provider, obtain employment, and have paid employment in place by the end of the school year, along with helping to ensure a smooth transition out of school instead of a "hand-off". Delaware also offers the new Pathways program to individuals starting at age 14. Ask your DDDS specialist for more information.
- ⌘ Apply for SSI and Medicaid if needed. Eligibility is now based on client's income.
- ⌘ Register to vote.
- ⌘ Explore continuing education programs to support students with disabilities. Revisit adult service providers to investigate new options for employment and supported living.
- ⌘ Discuss future plans and gather specific information about transition to adult life. Update future plan with school and include work experience as a major IEP component.
- ⌘ Check on health insurance coverage for your child. Some insurance companies require an application for a dependent child with a disability before the age of 19. This is changing with Health Care Reform but be aware and plan to ensure your child maintains health benefits.

### **By age 20 (or year of leaving school):**

- ⌘ Discuss with your DDDS Family Support Coordinator or DDDS Case Manager about choosing an adult service agencies. Plan to attend provider fairs, and visit agencies before making the choice.
- ⌘ Continue to plan for future living arrangements, either supported or independent. Increase independence through socialization opportunities.

### **Periodically throughout your adult child's life:**

- ⌘ Request from Social Security Office the Benefits Planning Query (BPQY). This document will clarify for you which state benefits your adult child receives, which can change over time. It can now also be obtained online.

## **Delaware Autism Program (DAP) Information**

Delaware has the nation's only free public education program specially designed for students with autism. The DAP, as it is referred to, was created through the advocacy of many parents years ago. Most DAPs have an active PAC (Parent Advisory Committee). We encourage you to join the PAC or PTA and also explore what other resources the school may provide. Originally, there was one DAP site for each county. In recent years, in addition to the county sites, many school districts have opened their own DAP programs so they can keep their students in their home district. See below for a list of current DAP sites.

**Remember, referral to the DAP must come from  
home school district/IEP Team.**

### **The Brennen School (New Castle County)**

- ⌘ Serves children birth through 21
- ⌘ Serves Appoquinimink, Brandywine), Christina, Colonial and Red Clay school districts
- ⌘ The Christina School District is able to provide a variety of educational settings ranging from a separate school setting to full inclusion and everything in between
- ⌘ The Brennen School usually houses the younger population (ages 2-3), individuals with more intense needs, and students who need certain environmental features not available in a general education setting
- ⌘ There is a goal of one teacher and one paraprofessional for every four to seven students
- ⌘ Related services include: art, music, PE and adaptive PE, vocational specialists and training, community training, occupational therapy, physical therapy, speech and language therapy, some districts receive parent training, community and recreational access
- ⌘ Uses evidence based best practices from the field of Applied Behavior Analysis (ABA)
- ⌘ Students in Brennen DAP are on a 12 month program (limited and student voluntary)
- ⌘ Families in Brennen DAP have access to respite care (limited and provider voluntary)
- ⌘ Has a PTA

### **Brandywine School District**

- ⌘ Academic skills can be addressed in regular educational setting
- ⌘ Some students has one or two academic support classes per day to help with organization, modification, and to prepare and organize their homework assignments

### **John S. Charlton School – (Kent County, Hosted by Caesar Rodney School District)**

- ⌘ Serves children birth through 21
- ⌘ Kent County center of Delaware Autism Program with locations throughout schools in Caesar Rodney, Delaware State University and Wesley College.
- ⌘ Charlton Programs also serves students ages 3-4 involved in Caesar Rodney School District Early Intervention Program.
- ⌘ Provides a variety of educational settings ranging from separate classrooms settings. Early Intervention classes are also housed in the Charlton School.
- ⌘ There is a goal of one teacher and one paraprofessional for every six to eight students
- ⌘ Related services include: Specialized music and art program at Charlton, PE and adaptive PE, vocational specialists and training, community training, occupational therapy, physical therapy, speech and language therapy, parent training, community and recreational access
- ⌘ Charlton uses evidence based practices including ABA and PECS. Promotes a strong behavioral program including the Positive Behavioral Supports program. There is yearly staff training on safety techniques, personal emergency intervention and staff effectiveness training.
- ⌘ Students at Charlton DAP are entitled to a 12 month schedule
- ⌘ Families have access to respite care
- ⌘ Has an active PAC group

### **Capital School District**

- ⌘ Classes and programs located in peer appropriate settings to strive for least restrictive environments (LRE)
- ⌘ Kent County Community School and Delaware Autism Program currently serves ages birth-21
- ⌘ Staffed by a principal, a secretary, case managers, teachers, paraprofessionals, an education diagnostician, a school psychologist, speech pathologists, physical therapists, occupational therapist, certified occupational therapy assistant, an aquatic director, and registered nurses.
- ⌘ Other programs offered: music, art, physical education, and a sensory integration room
- ⌘ Teachers and therapists work collectively to devise and convey educational and therapeutic strategies in the classroom

### **Sussex Consortium (serves all of Sussex County)**

- ⌘ Serves children birth through 21
- ⌘ Provides a variety of educational settings ranging from separate classroom settings to full inclusion and everything in between.
- ⌘ There is a goal of one teacher and one paraprofessional for every four to six students
- ⌘ Related services include: music and art are only available to mainstreamed students, PE and adaptive PE, vocational specialists and training, community training, occupational therapy, physical therapy, speech and language therapy, parent training, community and recreational access
- ⌘ The Consortium uses evidence based practices including ABA and PECS (Picture Exchange Communication System).
- ⌘ Students in the Consortium are entitled to 12 month educational programming
- ⌘ Families have access to respite care
- ⌘ Has an active PAC group

### **Seaford**

- ⌘ Seaford DAP is an official DAP program.
- ⌘ Serves a fewer number of students and is trying to start a PAC.  
No further information is available at this time. For information about this program, please call 302-629-4586 and ask to speak to staff from the Seaford DAP.

# **Resources**

## **Adult Services**

### **Autism Delaware's POW&R program (Productive Opportunities for Work and Recreation)**

924 Old Harmony Road, Suite 201  
Newark, DE 19713  
Phone: (302) 224-6020

17517 Nassau Commons Blvd. Unit 1  
Lewes, DE 19958  
Phone: (302) 644-3410  
Website: [www.autismdelaware.org](http://www.autismdelaware.org)

### **Bancroft**

Residential only  
321 East 11<sup>th</sup> St., Suite 230  
Wilmington, DE 19801  
Phone: (302) 256-0112  
Website: [www.bancroft.org/](http://www.bancroft.org/)

### **Chimes Delaware**

Newark Vocational Center & Administrative  
Offices

514 Interchange Boulevard  
Newark, Delaware 19711  
Phone: (302) 452-3400

New Beginnings  
130 Quigley Blvd.  
New Castle, DE 19720  
Phone: (302) 328-4500

Dover Enrichment Center  
165 Commerce Way  
Enterprise Business Park  
Dover, Delaware 19904  
Phone: (302) 730-0747

Irv & Phyllis Levin Employment Center  
Millsboro Vocational Center  
28393 DuPont Blvd  
Millsboro, Delaware 19966  
Phone: (302) 934-1450

Phone: (800) 9CHIMES  
Website: [www.chimesdel.org](http://www.chimesdel.org)

### **Choices for Community Living**

Gateway West Shopping Center  
1030 Forrest Ave., Suite 125  
Dover, DE 19904  
Phone: (302) 677-1375  
[www.ccldelaware.org](http://www.ccldelaware.org)

### **CLSC**

#### **Career and Life Studies Certificate**

461 Wyoming Rd.  
Newark, DE 19716  
Phone: (302) 831-2940  
Website: [www.udel.edu/cds/initiatives-adults-clsc.html](http://www.udel.edu/cds/initiatives-adults-clsc.html)

### **Division of Vocational Rehabilitation Statewide Admissions Office**

Wilmington Office  
4425 North Market Street  
Wilmington, DE 19802  
Phone: (302) 761-8300

Newark Office  
Pencader Corporate Center  
225 Corporate Blvd, Suite 204  
Newark, DE 19702  
Phone: (302) 368-6980

Middletown Office  
Appoquinimink State Service Center  
122 Silver Lake Road  
Middletown, DE 19709  
Phone: (302) 378-5779

Dover Office (until May)  
Carroll's Plaza Suite 105  
1114 South DuPont Highway  
Dover, DE 19901  
Phone: (302) 739- 5478

Milford Office  
24 NW Front St  
Milford, DE 19963  
Phone: (302) 430-7720

**DVR cont.**

Georgetown Office  
20793 Professional Park Blvd  
Georgetown, DE 19947  
Phone: (302) 856- 5730  
Website: <http://dvr.delawareworks.com/>

**Easter Seals**

Dayhabilitation, prevocational and supported employment.  
61 Corporate Circle  
New Castle, DE 19720  
Phone: (302) 324-4444  
Website: [www.easterseals.com/del/](http://www.easterseals.com/del/)

**Elwyn**

Dayhabilitation, supported employment, and work center  
321 E 11<sup>th</sup> Street  
Wilmington, DE 19801  
Phone: (302) 658-8860  
Website: [www.elwyn.org](http://www.elwyn.org)

**KenCrest**

Adult services  
1113 S. Governors Avenue  
Dover, DE 19904  
Phone: (302) 734-3800  
Website: [www.kencrest.org](http://www.kencrest.org)

**Keystone Human Services**

Residential services  
300 Creek View Rd. Suite 210  
Newark, DE 19711  
Phone: (302) 286-7234  
Website: [www.keystonehumanservices.org](http://www.keystonehumanservices.org)

**Mosaic of Delaware**

residential  
261 Chapman Rd. Suite 201  
Newark, DE 19702-5428  
Phone: (302) 456-5995  
Website: [www.mosaicinfo.org](http://www.mosaicinfo.org)

**Point of Hope, Inc.**

34 Blevins Dr., Suite 5  
New Castle, DE 19720  
Phone: (302) 731-7676  
  
4877 Wheatleys Pond Rd.  
Smyrna, DE 19977  
Phone: (302) 514-5042  
Website: [www.point-of-hope.com](http://www.point-of-hope.com)

**Service Source**

Delaware Regional Office  
3030 Bowers Street  
Wilmington, DE 19802  
Phone: (302) 762-0300

Riverfront Community Service Office  
958 Justison St.  
Wilmington, DE 19801  
Phone: (302) 766-7570  
Website: [www.servicesource.org](http://www.servicesource.org)

**Thrive**

Middletown Professional Center  
252 Carter Dr. Suite 200  
Middletown, DE 19709  
Phone: (302) 261-2139  
Website: [www.thriverli.com](http://www.thriverli.com)

**United States Department of Labor –  
Office of Disability Employment Policy**

Documents about job searching and federal resources.  
Website: [www.dol.gov/odep/](http://www.dol.gov/odep/)

## **Assistive Technologies & Products**

Please note that autism apps for mobile devices can be found at [www.autismspeaks.org/autism-apps](http://www.autismspeaks.org/autism-apps)

### **Ablenet, Inc.**

2625 Patton Rd.  
Roseville, MN 55113  
Phone: (800) 322-0956  
Website: [www.ablenetinc.com](http://www.ablenetinc.com)

### **Advanced Multimedia Devices, Inc.**

95 Sherwood Avenue  
Farmingdale, NY 11735  
Phone: (888) 353-2634  
Website: [www.amdi.net](http://www.amdi.net)

### **Al DuPont Hospital for Children Assistive Technology Department**

Dr. Richard Lytton &  
Dr. Christine Baudin  
Call Katrina in Assistive Technology for  
scheduling at (302) 651-5850 – option 2.

### **All About Me**

All about me is an application offering  
pictures and text support to individuals  
learning their personal information.  
Website: [www.igetitapps.com](http://www.igetitapps.com)

### **Alliance for Technology Access**

1119 Old Humboldt Road  
Jackson, TN 38305  
Phone: (800) 914-3017  
Website: [www.ataccess.org](http://www.ataccess.org)

### **Autism Speaks Video Glossary**

An innovative web-based tool designed  
to help parents and professionals learn  
more about the early red flags and  
diagnostic features of autism spectrum  
disorders (ASD) as well as view  
treatments.

Website:  
<http://www.autismspeaks.org/what-autism/video-glossary>

### **CAST**

40 Harvard Mills Square, Suite 3  
Wakefield, MA 01880-3233  
Phone: (781) 245-2212  
Website: [www.cast.org](http://www.cast.org)

### **Closing the Gap**

Computer Technology in Special  
Education and Rehabilitation  
P.O. Box 68  
526 Main Street  
Henderson, MN 56044  
Phone: (507) 248-3294  
Website: [www.closingthegap.com](http://www.closingthegap.com)

### **Coulter Video**

Find practical, effective DVDs, articles  
and other resources for people with  
Asperger Syndrome and autism and  
those who support them.  
Website: [www.coultervideo.com/](http://www.coultervideo.com/)

### **Delaware Assistive Technology Initiative (DATI)**

Center for Disabilities Studies  
461 Wyoming Rd  
Newark, DE 19716  
Phone: (302) 831-0354  
(800) 870-DATI (Voice/TTY)  
Website:

Easter Seals Kent County Center  
100 Enterprise Place, Suite 1  
Dover, DE 19904-8200  
(302) 739-6885; (302) 739-6886 (TDD)  
(302) 739-6887 (fax)

### **Different Roads to Learning**

121 West 27<sup>th</sup> St., Suite 100 3 B  
New York, NY 10001  
Phone: (212) 604-9637 or  
(800) 853-1057  
Website: [www.difflearn.com](http://www.difflearn.com)



**Don Johnston, Inc.**

26799 W. Commerce Drive  
Volo, IL 60073  
Phone: (800) 999- 4660 or  
(847) 740-0749  
Website: [www.donjohnston.com](http://www.donjohnston.com)

**Dynavox Systems, LLC.**

2100 Wharton Street, Suite 400  
Pittsburgh, PA 15203  
Phone: (800) 344-1778  
Website: [www.dynavoxtech.com](http://www.dynavoxtech.com)

**EASe Listening Therapy**

For children and adults with Sensory  
Processing Disorder  
Phone: (410) 679-1605  
Website: [www.easecd.com/](http://www.easecd.com/)

**Easter Seals Resource & Technology  
Demonstration Center**

61 Corporate Circle  
New Castle, DE 19720  
Phone: (302) 324-4444  
Website: [www.easterseals.com/de/](http://www.easterseals.com/de/)

**Equipment Shop**

PO Box 33  
Bedford, MA 01730  
Phone: (800) 525-7681  
Website: [www.equipmentshop.com](http://www.equipmentshop.com)

**Franklin Electronic Publisher**

8 Terri Lane  
Burlingham, NJ 08016  
Phone: (800) 266-5626

**Fun & Function, LLC**

PO Box 11  
Merion Station, PA 19066  
Phone: (800) 231-6329  
Website: [www.funandfunction.com](http://www.funandfunction.com)

**Fizz Brain: Apps Made By Classroom  
Teachers**

Developed specifically for children on  
the autism spectrum to help children  
practice eye contact and expand their  
minds while earning fun rewards and  
playing creatively.  
Website: [www.fizzbrain.com](http://www.fizzbrain.com)

**Home Delivery Incontinent Supplies**

9385 Dielman Industrial Drive  
Olivette, MO 63132  
Phone: (800) 269-4663  
Website: [www.hdis.com](http://www.hdis.com)

**Houghton Mifflin Harcourt**

222 Berkeley Street  
Boston, MA 02116  
Phone: (617) 351-5000  
Website: [www.hmhco.com/](http://www.hmhco.com/)

**Independence Day Clothing**

Phone: (212) 580-0835  
Website:  
[www.independencedayclothing.com](http://www.independencedayclothing.com)

**Jessica Kinglsey Publishing**

Independent publishers of books that  
make a difference.  
Website: [www.jkp.com/](http://www.jkp.com/)

**Jwor Enterprises, Inc.**

4254 Marland Drive  
Columbus, OH 43224  
Phone: (888) 431-6310  
Website: [www.jwor.com](http://www.jwor.com)

**Kent County ATRC**

Easter Seals Kent County Center  
100 Enterprise Place, Suite 1  
Dover, DE 19904-8200  
Phone: (302) 739-6885  
(302) 739-6886 (TDD)

**Laureate Learning Systems, Inc.**

110 E. Spring Street  
Winooski, VT 05404-1898  
Phone: (802) 655-4755  
Website: [www.laureatelearning.com](http://www.laureatelearning.com)

**Lexia Learning Systems, Inc.**

200 Baker Ave.  
Concord, MA 01742  
Phone: (800) 507-2772  
Website: [www.lexialearning.com](http://www.lexialearning.com)

**Livescribe**

7677 Oakport St. Suite 460  
Oakland, CA 94621  
Phone: (510) 777-0071  
Website: [www.livescribe.com](http://www.livescribe.com)

**Model Me Going Places**

A visual teaching tool for helping your child learn to navigate challenging locations in the community.  
P.O. Box 1901  
Rockville, MD 20849  
Website:  
[www.modelmekids.com/iphone-app-autism.html](http://www.modelmekids.com/iphone-app-autism.html)

**National Audio Visual Supply**

80 Little Falls Rd.  
Fairfield, NJ 07004  
Phone: (800) 825-4268  
Website: [www.valiantnational.com](http://www.valiantnational.com)

**Rehabilitation Engineering and Assistive Technology Society of North America (RESNA)**

1700 North Moore Street, Suite 1540  
Arlington, VA 22209-1903  
Phone: (703) 524-6686  
Website: [www.resna.org](http://www.resna.org)

**RJ Cooper & Assoc.**

22600-A Lambert St., Suite 708  
Lake Forest, CA 92630  
Phone: (800) 752-6673  
Website: [www.rjcooper.com](http://www.rjcooper.com)

**Sensory Tools International**

PO Box 44219  
Madison, WI 53744-4219  
Phone: (608) 819-0540  
Website: [www.sensorytools.net](http://www.sensorytools.net)

**Smile at Me**

Smile at me is an app for children to practice smiling in a safe environment with fun rewards. Quick repeated practice in interpreting social cues. Available on iTunes.

**Southpaw Enterprises**

PO Box 1047  
Dayton, OH 45401  
Phone: (800) 228-1698  
Website:  
[www.southpawenterprises.com](http://www.southpawenterprises.com)

**Sussex County DATI**

20123 Office Circle  
Georgetown, DE 19947  
Phone: (302) 856-7946

**Teach to Talk**

Video modeling library and resources  
Website: [www.teach2talk.com](http://www.teach2talk.com)

**Therapro, Inc.**

225 Arlington Street  
Framingham, MA 01702  
Phone: (800) 257-5376  
Website: [www.therapro.com](http://www.therapro.com)

**Toys for Special Children/Enabling Devices**

50 Broadway  
Hawthorne, NY 10532  
Phone: (800) 832-8697  
Website: [www.enablingdevices.com](http://www.enablingdevices.com)

**Trailmate, Inc.**

1851 67<sup>th</sup> Ave E.  
Sarasota, FL 34243  
Phone: (800) 777-1034  
Website: [www.trailmate.com](http://www.trailmate.com)

## **Autism Evaluation**

A good autism evaluation will obtain enough information to get a picture of the "whole" child. It is essential that the evaluator have up-to-date knowledge of the autism field and be able to use skilled clinical judgment in addition to standardized tests designed to assess ASD. This person should also be able to explain the range of available services. They may begin with a short screening that suggests whether further testing is warranted, but a full evaluation:

- 1) determines your child's strengths and weaknesses in all relevant areas, including academic, intellectual, and social skills;
- 2) clearly identifies any diagnoses;
- 3) clearly interprets findings to you, and;
- 4) makes specific recommendations that can be communicated to teachers, tutors, and therapists.

### **Al DuPont Hospital for Children,**

You will either be set up in Behavioral Medicine or Developmental Medicine (depending on your insurance coverage).

1600 Rockland Road  
Wilmington, DE 19803  
Phone: (302) 651-4200 (registration)  
Website: [www.nemours.org](http://www.nemours.org)

### **Autism Delaware**

#### **Dr. Susan Peterson**

924 Old Harmony Road, Suite 201  
Newark, DE 19713  
Phone: (302) 224-6020  
Website: [www.delautism.org](http://www.delautism.org)

### **Children's Hospital of Philadelphia (CHOP)**

RAC – Regional Autism Center  
3550 Market Street, third floor  
Philadelphia, PA 19104  
Phone: (215) 590-7500  
Website: [www.chop.edu/service/autism-center/home.html](http://www.chop.edu/service/autism-center/home.html)  
CAR – Center for Autism Research  
A research program that does include a full evaluation  
3535 Market Street, Suite 860  
Philadelphia, PA 19104  
Phone: (866) 570-6524  
Recruitment line: (267) 425-3135  
Website:  
<http://stokes.chop.edu/programs/car/>

### **Concord Behavioral Health**

#### **Harris Finkelstein, Ph.D**

1300 Pennsylvania Avenue  
Wilmington, DE 19806  
Phone: (302) 594-9000

### **Margaret J. Kay, Ed.D., N.C.S.P., D.A.B.P.S.**

2818 Lititz Pike  
Lancaster, PA 17601-3322  
Phone: (717) 569-6223  
32828 Reba Rd.  
Millville, DE 19967  
Phone: (302) 436-0865

### **Kennedy Krieger Institute Center for Autism and Related Disorders**

707 North Broadway  
Baltimore, MD 21205  
Phone: (443) 923-9400  
(888)-554-2080  
Website:  
[www.kennedykrieger.org/patient-care/patient-care-centers/center-autism-and-related-disorders](http://www.kennedykrieger.org/patient-care/patient-care-centers/center-autism-and-related-disorders)

### **Dr. Frederick Kurz \***

1601 Delaware Avenue  
Trolley Square, Ste. 32B  
Wilmington, DE 19806  
Phone: (302) 661-2328

**Mid Atlantic Behavioral Health**

910 South Chapel Street, Suite 102

Newark, DE 19713

Phone: (302) 224-1400

Website: [www.midatlanticbh.com](http://www.midatlanticbh.com)

**Dr. Kara Schmidt, neuropsychologist**

13 West Third St.

Media, PA 19063

Phone: (610) 544-4490

Website: [www.karaschmidt.org](http://www.karaschmidt.org)

\* indicates the practitioner offers evaluation for adults only

## **ABA and Behavioral Therapy**

### **ABA2DAY Behavioral Services LLC Allie Marcus M.S., BCBA (to age 15)**

441 East State Street  
Media, PA 19063  
Phone: (610) 864-7376  
Website: [www.myaba2day.com](http://www.myaba2day.com)

### **All the Difference (all ages)**

4001 Miller Rd.  
Wilmington, DE 19802  
Phone: (302) 478-0600  
Website: [www.allthedifference.org](http://www.allthedifference.org)

### **Autism Delaware Clinical Services**

**Dr. Susan Peterson, Ph.D, BCBA**  
924 Old Harmony Road, Suite 201  
Newark, DE 19713  
Phone: (302) 224-6020  
Website: [www.delautism.org](http://www.delautism.org)

### **A Total Approach (all ages)**

9 LaCrue Avenue, Suite 103  
Glen Mills, PA 19342  
Phone: (484) 840-1561  
Website: [www.atotalapproach.com](http://www.atotalapproach.com)

### **Behavior Interventions, Inc. (children)**

263 Northdown Dr.  
Dover, DE 19904  
Phone: 302-747-5747  
Website: [www.behaviorinterventions.org](http://www.behaviorinterventions.org)

### **Brandywine Center for Autism (all ages)**

210 Bellefonte Avenue  
Wilmington, DE 19809  
Phone: (302) 762-2636

Milford site

1010 Mattlind Way  
Milford, DE 19963  
Phone: (302) 503-3120  
Website:  
[www.brandywinecenterforautism.com](http://www.brandywinecenterforautism.com)

### **Central Delaware Speech Language Pathology & a-b-c Consultants BCBA's on staff, including Philip Concors( PC only takes Tricare), MScEd, BCBA (PhD ABD) (children, adults soon)**

541 South Red Haven Lane  
Dover, DE 19901  
Phone: (302) 674-3350  
Website: [www.cdslp.net](http://www.cdslp.net)

### **Lou Chance**

Phone: 484-678-8683  
Email: [lchancepsu@hotmail.com](mailto:Ichancepsu@hotmail.com)

### **Dana L. De Maso PhD. (all ages) Accepts tri-care**

111 Heath Rd.  
Chestertown, Maryland 21620  
Phone: 425-922-4063 (cell)  
Email: [ddemaso@gmail.com](mailto:ddemaso@gmail.com)

### **Education Alternatives for ABA, LLC Jeanine Weichelt, M.Ed., BCBA**

296 West Ridge Pike, Suite 205  
Limerick, PA 19464  
Phone: (610) 831-1865  
Website: <http://ed-alt.com>

### **Rachel Goldwasser**

Phone: 302-598-1214  
Email: [rgold326@yahoo.com](mailto:rgold326@yahoo.com)

### **Hybridge Learning Center (all ages)**

625 Barksdale Rd., Suite 113  
Newark, DE 19711  
Phone: (302) 455-2600  
Website: [www.hybridgelearning.com](http://www.hybridgelearning.com)

### **Innovation Behavior Services**

**Maureen Foss, MS BCBA**  
Phone: (302) 387-3842  
Website: [www.innovationaba.com](http://www.innovationaba.com)

**JMK Behavior, Inc. (adults on waiver)**

PO Box 824  
Hockessin, DE 19707  
Phone: (302) 981-9003  
Website: [www.jmkbehavior.com](http://www.jmkbehavior.com)

**Lifespan Counseling**

240 N. James St. Suite 200  
Wilmington, DE 19804  
Phone: (302) 633-0301  
Website: [www.delifespan.com/](http://www.delifespan.com/)

**Marie Michelle McGrellis M.Ed.,  
BCBA (to age 10)**

455 Lorraine Dr.  
Frederica, DE 19946  
Phone: (609) 315-5530

**Kaori Nepo, M.Ed., BCBA**

Behavioral Consultant  
Autism Life Support  
Phone: 610-316-8564  
Email: [gunji9@gmail.com](mailto:gunji9@gmail.com)

**New Behavioral Network**

240 N. James St., Suite 203E  
Newport, DE 19804  
Phone: (302) 892-9210

32 W. Lookerman St., Suite 203

Dover, DE 19904  
Phone: (302) 730-0720  
Website:  
[www.newbehavioralnetwork.com/](http://www.newbehavioralnetwork.com/)

**Social Enrichment Center**

542 Wesley Rd.  
Springfield, PA 19064  
Phone: (610) 853-2898  
Website:  
[www.socialenrichmentcenter.com/](http://www.socialenrichmentcenter.com/)

**RHD (Resources for Human  
Development)**

710 W. Matson Run Parkway  
Wilmington, DE 19802  
Phone: (302) 764-3660

Passages 2804 Grubb Road  
Wilmington, DE 19810  
Phone: (302) 691-7574

12 Montrose Drive  
Newark, DE 19713  
Phone: (302) 731-5283

543 North Shipley St. Suite D  
Seaford, DE 19973

21133 Sterling Avenue, Suite #11  
Georgetown, DE 19947  
Phone: (302) 536-7090  
Website: [www.rhd.org](http://www.rhd.org)

**SPARC –West Chester University**

1160 McDermott Dr. #214  
West Chester, PA 19383  
Phone: (610) 430-5678  
Website: [wcupa.edu/sparc](http://wcupa.edu/sparc)

## **Barbershops and Salons**

### **Center Barber Shop**

18585 Coastal Highway, Unit 25  
Midway Shopping Center,  
Rehoboth Beach, DE 19971  
Phone: (302) 645-6553

### **Hair Cottage**

14 C S. Maple Ave.  
Milford, DE 19963  
Phone: (302) 424 1166

### **Hair Cuttery**

1009 Governors Square  
Bear, DE 19701  
Phone: (302) 836-3749  
Website: [www.haircuttery.com](http://www.haircuttery.com)

### **Glow Body and Hair**

21133 Sterling Avenue, Unit 9  
Sterling Square Plaza  
Georgetown, DE 19947  
Phone: (302) 855-1128

### **The Headquarters**

1400 Philadelphia Pike  
Wilmington, Delaware 19809  
Phone: (302) 798-1639  
Website: [www.hairheadquarters.com](http://www.hairheadquarters.com)

### **Kids Kuts**

3203 Concord Pike  
Wilmington, DE 19803  
(302) 479-0072  
Website: [www.kidskutsrus.com](http://www.kidskutsrus.com)

### **Med Spa**

17314 North Village Main Blvd., Unit 55  
The Villages of Five Points  
Lewes, DE 19958  
Phone: (302) 644-4247  
Website: [www.themedspa.biz/salon.htm](http://www.themedspa.biz/salon.htm)

### **Mr. Chris' Hair Designs**

209 W. 9<sup>th</sup> Street  
Wilmington, DE 19801  
Phone: (302) 658-2121  
Website: [www.mrchrisairdesigns.com](http://www.mrchrisairdesigns.com)

### **New Man Barber Salon**

1222 Washington Street  
Wilmington, DE 19801  
Phone: (302) 691-5761

### **US Male**

7313 Lancaster Pike  
Hockessin, DE 19707  
Phone: (302) 635-7370  
Website: [www.usmalebarbershop.com](http://www.usmalebarbershop.com)

### **Salon Milton**

517 Chestnut Street  
Milton, DE 19968  
Phone: (302) 684-1880  
Website: [www.salonmilton.com](http://www.salonmilton.com)

### **Shear Expressions**

109 Kirkwood Square  
Wilmington, DE 19808  
Phone: (302) 998-8860

### **Styles by the Mile, Inc.**

Stylist makes house calls  
Phone: (302) 373-2350  
Website: [www.stylesbythemile.com](http://www.stylesbythemile.com)

## **Biofeedback**

### **Applied Biofeedback Solutions**

1485 S. Governors Ave.

Dover, DE 19904

Phone: (302) 674-3225

Website: [www.appliedbiofeedbacksolutions.com](http://www.appliedbiofeedbacksolutions.com)

### **Dr. Janelle Love, MD**

269 Peninsula Farm Rd., Suite D

Arnold, MD 21012

Phone: (800) 775-4902 ext. 275

Website: <http://www.annapolisbioidenticalhormones.com/>

### **Sadar Psychological and Sports Center**

1288 Valley Forge Rd. Suites 72 & 84

Valley Forge Commons

Valley Forge, PA 19460

Phone: (610) 933-9440

Website: <http://www.sadarpsych.com/>



## **Childcare**

### **Aldersgate United Methodist Church**

2313 Concord Pike  
Wilmington, DE 19803  
Phone: (302) 478-2575  
Website:  
<http://www.aldersgatede.org/#/children/aldersgate-preschool>

### **Back 2 Basics**

114 Hawk Dr.  
Newark, DE 19702  
Phone: (302) 887-0529  
Website:  
<https://www.facebook.com/MsMichellesDaycare>

### **Children's Secret Garden**

717 Hatchery Road  
Dover, DE 19901  
Phone: (302) 730-1717  
Website:  
[www.childrenssecretgarden.net](http://www.childrenssecretgarden.net)

### **Early Learning Center Wilmington**

1218 B Street  
Wilmington, DE 19801  
Phone: (302) 654-1420

### **Newark**

489 Wyoming Road  
Newark, DE 19716  
Phone: (302) 831-6205  
Website: [www.elc.udel.edu](http://www.elc.udel.edu)

### **Edu-Care Preschool and Daycare**

345 Polly Drummond Road  
Newark, DE 19711  
Phone: (302) 453-7326  
Website: [www.educarepreschool.com/](http://www.educarepreschool.com/)

### **Exceptional Care for Children**

For medically fragile children  
11 Independence Way  
Newark, DE 19713  
Phone: (302) 894-1001  
Website: [www.exceptionalcare.org](http://www.exceptionalcare.org)

### **Hilltop Lutheran Neighborhood Center**

1018 W 6<sup>th</sup> St.  
Wilmington, DE 19805  
Phone: (302) 656-3224  
Website:  
<https://www.facebook.com/pages/Hilltop-Lutheran-Neighborhood-Center/206389351238>

### **KinderCare**

3449 Hillock Lane  
Wilmington, DE 19808  
Phone: (302) 731-7138  
Website:  
<http://www.kindercare.com/our-centers/wilmington/de/300045/>

### **La Petite Academy**

5986 Limestone Road  
Hockessin, DE 19707  
Phone: (302) 234-2968  
Website: <http://www.lapetite.com/your-local-school/hockessin-de-7091/>

### **Little Einstein's Preschool**

20371 Sand Hill Road  
Georgetown, DE 19947  
Phone: (302) 856-3122

### **Newark Christian Childcare**

680 South Chapel Street  
Newark, DE 19713  
Phone: (302) 369-3000

### **Nurses N Kids**

#### **Newark**

904 Churchman's Road Ext.  
New Castle, DE 19720  
Phone: (302) 323-1118

#### **Milford**

705 North Street Ext.  
Milford, DE 19963  
Phone: (302) 424-1770  
Website:  
<http://nursesnkids.publishpath.com/>

**St. John's Lutheran School**

113 Lotus Street  
Dover, DE 19901  
Phone: (302) 734-1211  
Website:  
[www.stjohnsdover.com/earlylearningcenter/index](http://www.stjohnsdover.com/earlylearningcenter/index)

**Tender Loving Kare Childcare Learning Center  
Newark**

22 People's Plaza  
Newark, DE 19702  
Phone: (302) 836-1411

**Middletown**

400 North Ramunno Drive  
Middletown, DE 19709  
Phone: (302) 449-1711

**(Tender Loving Care, cont.)  
Smyrna**

649 South Carter Road  
Smyrna, DE 19977  
Phone: (302) 653-5677  
Website: [www.tenderlovingkare.com](http://www.tenderlovingkare.com)

**The Little Caboose (up to PreK)**

430 Old Baltimore Pike, #1  
Newark, DE 19702  
Phone: (302) 737-8854  
Website:  
<http://www.thelittlecaboose.com/>

**Tiny Tots Childcare and Learning Center**

1014 W 24<sup>th</sup> St.  
Wilmington, DE 19802  
Phone: (302) 651-9060

## **Chiropractor**

**Dr. Stacey Cohen**

**1<sup>st</sup> State Health and Wellness**

**Newark Chiropractic**

1536 Kirkwood Highway

Newark, DE 19711

Phone: (302) 454-1200

Website: <http://www.firststatehealth.com/newark/>

**Back in Action Chiropractic**

819 New Churchmans Rd. Ext.

New Castle, DE 19720

Phone: (302) 322-3304

Website: [www.backinactioncenter.com](http://www.backinactioncenter.com)

**Be Truly Well Chiropractic and Day Spa**

**Dr. Jeffrey West-works with Great Plains Laboratory**

19A Haines Street

Newark, DE 19711

Phone: (302) 525-4343

Website: [www.betrulywell.com](http://www.betrulywell.com)

## **Crisis, Safety, and Hotlines**

### **Adult Mobile Crisis**

#### **Northern Delaware**

Phone: (800) 652-2929

#### **Southern Delaware**

Phone: (800) 345-6785

24 Hour Mental Health Crisis hotline and live response; suicidal/homicidal adults 18 and over.

### **Adult Protective Services**

Phone: (800) 223-9074

A statewide hotline for reporting suspected abuse or neglect of an adult.

### **AWAARE Collaboration**

Autism Wandering Awareness Alerts  
Response Education

Website:

[www.awaare.nationalautismassociation.org](http://www.awaare.nationalautismassociation.org)

### **Child Priority Response**

24 Hour Mental Health Crisis hotline and live response; suicidal/homicidal youth under age 18.

Phone: (800) 969-HELP (4357)

### **Connections: Community Support Program, Inc.**

Help for families, children and youth to improve their lives by providing a comprehensive array of affordable and accessible primary medical, mental health and substance abuse treatment, employment, and housing opportunities.

Toll free helpline

Phone: (866) 477-5345

Connect to Work

Phone: (302) 299-6948

Website: [www.connectionsensp.com](http://www.connectionsensp.com)

### **ContactLifeline (statewide)**

24 Hour crisis hotline

Phone: (800) 262-9800

### **Delaware Helpline**

8 AM-8 PM

A toll-free service which provides information on state government agencies and referrals to community resources.

Phone: 211

Website: [www.delaware211.org](http://www.delaware211.org)

### **Division of Family Services**

A statewide hotline for reporting suspected abuse or neglect of a child.

Phone: (800) 292-9582 or

(302) 633-2500

### **Focus Adolescent Services**

FAS is the largest and most comprehensive Internet site of information and resources on teen and family issues to help and support families with troubled and at-risk teens.

Phone: (443) 358-4691

Website: [www.focusas.org](http://www.focusas.org)

### **Local Domestic Violence Hotline**

All of Delaware

Phone: (302) 762-6110

24 Hour domestic violence hotline.

### **NAMI-DE**

2400 W. 4<sup>th</sup> St.

Wilmington, DE 19805

Delaware chapter of the National Alliance on Mental Illness

Phone: (888) 427-2643 or

(302) 427-0787

Website: [www.namidelaware.org](http://www.namidelaware.org)

### **Runaway Hotline**

Phone: (302) 762-6373

For youth 18 and under

**SMART 911**

Free program to sign up for a safety profile to give 911 valuable information about yourself, your family that will automatically display on the 9-1-1 call taker's screen when you make an emergency call.

Website: [www.smart911.com](http://www.smart911.com)

**Safety Related Websites**

[www.lok8u.com/](http://www.lok8u.com/)

<http://www.globaltrackinggroup.com/>

<http://www.thetileapp.com/>

[http://www.yoursafechild.com/safe\\_shoes\\_child\\_id.php](http://www.yoursafechild.com/safe_shoes_child_id.php)

<http://nationalyellowdot.org>

<http://www.safetytat.com>

<http://guardakid.com/childsafetyproducts.html>

[http://www.simaenterprises.com/products\\_7.htm](http://www.simaenterprises.com/products_7.htm)

<http://www.awareabouts.com/home.html>

<http://www.totsafe.com/products.asp?cat=38>

<http://visonink.com>

## **Dental**

### **All Smiles Family Dentistry**

Dr. Neena Mukkamala  
95 Wolf Creek Boulevard  
Dover, DE 19901  
Phone: (302) 734-5303  
Website: [www.allsmilesdelaware.com](http://www.allsmilesdelaware.com)

### **Alpine & Rafetto Orthodontics**

**Dr. Ray S. Rafetto**  
4901 Limestone Rd.  
Wilmington, DE 19808  
Phone: (302) 239-4600

2005 Concord Pike, Suite 201  
Wilmington, DE 19803  
Phone: (302) 425-4800  
Website: [www.beachbraces.com](http://www.beachbraces.com)

### **American Dental Associates**

60 Wolf Creek Blvd.  
Dover, DE 19901  
Phone: (302) 734-7634

### **Bear-Glasgow Dental, LLC Dr. Glen Goleburn (Sedation)**

1290 People Plaza  
Newark, De 19702  
Phone: (302) 836-3750  
Website: [www.bearglasgowdental.com/](http://www.bearglasgowdental.com/)

### **Clay and Clay**

533 Main Street  
Wilmington, DE 19804  
Phone: (302) 998-0500  
Website: [www.clayandclaydental.com](http://www.clayandclaydental.com)

### **Collins Dental Associates**

38 People's Plaza  
Newark, DE 19702  
Phone: (302) 834-4000  
Website:  
[www.delawarepediatricdentistry.com](http://www.delawarepediatricdentistry.com)

### **Dr. Robert M. Collins**

5500 Skyline Drive, Suite 3  
Wilmington, DE 19808  
Phone: (888)-973-7445 or  
(302) 239-3655  
Website:  
[www.delawarechildrensdentist.com](http://www.delawarechildrensdentist.com)

### **Delaware Hope Dental Clinic**

1125 Forest Avenue  
Dover, DE 19904  
Phone: (302) 735-7551

### **Delaware Kids Dental Center**

**Dr. Laurie Jacobs**  
Spanish Speaking  
708 Foulk Road  
Wilmington, DE 19803  
Phone: (302) 764-7714

### **Delaware Tech Dental**

200 Orange St.  
Wilmington, DE 19801  
Phone: (302) 571-5364  
Website: <https://www.dtcc.edu/our-campuses/wilmington/dental-health-center>

### **DeLaWarr State Service Center**

500 Rogers Rd.  
New Castle, DE 19720  
Phone: (302) 577-2970  
Website:  
<http://www.dhss.delaware.gov/dhss/main/maps/dsscmap/delawarr.htm>

### **Diamond State Dentistry**

215 W. Liberty Way  
Milford, DE 19965  
Phone: (302) 424-7976  
Website:  
[www.diamondstatedentistry.com/](http://www.diamondstatedentistry.com/)

### **Dr. George Derenzo**

2000 Foulk Road, Suite C  
Wilmington, DE 19810  
Phone: (302) 475-3110  
Website:  
<http://www.drgeorgederenzo.net/>

### **Daniel W. Fink DDS**

2505 Silverside Road  
Wilmington, DE 19810  
Phone: (302) 475-6900  
Website:  
[www.delawaredentistry.com/index.html](http://www.delawaredentistry.com/index.html)

**Dr. Mark Gladnick**  
5513 Kirkwood Hwy  
Wilmington, DE 19808  
Phone: (302) 468-6742  
Website: [www.drgladnick.com](http://www.drgladnick.com)

**Gentle Touch Dentistry**  
Dr. Clyde Maxwell  
17 N. Main St.  
Smyrna, DE 19977  
Phone: (302) 514-6200  
Website: [www.Gtdrmax.com](http://www.Gtdrmax.com)

**Greeley and Nista Orthodontics**  
Silverside Professional Park  
1405 Silverside Road  
Wilmington, DE 19810  
Phone: (302) 475-4102  
Website: [www.firststatesmiles.com](http://www.firststatesmiles.com)

The Omega Professional Center  
Suite D74 Omega Drive  
Newark, DE 19713  
Phone: (302) 292-1552  
Website: [www.bracesindelaware.com](http://www.bracesindelaware.com)

**Dr. Victor L. Gregory Jr, DMD, MAGD**  
5301 Limestone Road, Suite 211  
Wilmington, DE 19808  
Phone: (302) 239-1827  
Website:  
<http://www.victorgregorydmd.com/>

**Henrietta Johnson Medical Center**  
601 New Castle Avenue  
Wilmington, DE 19801  
Phone: (302) 655-6187 ext. 416  
Website: <http://www.hjmc.org/dental>

**Isaacs and Isaacs Family Dentistry**  
707 Foulk Road, Suite 103  
Wilmington, DE 19803  
Phone: (302) 654-1328  
Website: [www.isaacsdent.com](http://www.isaacsdent.com)

**Dr. James K. Kramer**  
**Hygienist Faye Rust**  
13 South Main Street  
Selbyville, DE 19975  
Phone: (302) 436-5133  
Website: [www.drjameskramer.com](http://www.drjameskramer.com)

**Le Red Health Center**  
21444 Carmean Way  
Georgetown, DE 19947  
Phone: (302) 855-1233  
Website: [www.laredhealthcenter.org](http://www.laredhealthcenter.org)

**Dr. Lawrence Louie**  
250 Beiser Blvd., Suite 101  
Dover, DE 19904  
Phone: (302) 674-5437

**Dr. Frank Luxl (Sedation)**  
One The Commons  
3510 Silverside Road  
Wilmington, DE 19810  
Phone: (302) 479-9400  
Website:  
<http://www.doctorfrankluxl.com/>

**Milford State Service Center**  
Riverwalk Shopping Center  
253 NE Front Street  
Milford, DE 19963  
Phone: (302) 424-7160

**Nemours Senior Care**  
909 North DuPont Blvd.  
Milford, DE 19963  
Phone: (800) 763-9326

**Pierre Toussaint Dental Office**  
830 North Spruce Street  
Wilmington, DE 19801  
Phone: (302) 652-8947  
Website: [www.ministryofcaring.org](http://www.ministryofcaring.org)

**Practice Without Pressure**  
**Weatherhill Dental**  
5217 Limestone Rd.  
Wilmington, DE 19808  
Phone: (302) 239-6677  
Website:  
<http://www.weatherhilldental.com/>

**Dr. Richard Quinn**  
1380 South State Street  
Dover, DE 19901  
Phone: (302) 674-8000  
Website:  
<http://www.quinnchildrensdentistry.com/>

**Rawlins Orthodontics**  
**Dr. R. Baker Rawlins II**  
5500 Skyline Dr. Suite 1  
Wilmington, DE 19808  
Phone: (302) 729-2481  
Website: rawlinsorthodontics.com

**Shipley State Service Center**  
350 Virginia Avenue  
Seaford, DE 19973  
Phone: (302) 628-2009

**Silly Smiles**  
200 Biddle Ave., Suite 201  
Newark, DE 19720  
Phone: (302) 838-1865  
Website: www.silly-smiles.com

**Dr. Norman S. Steward Jr.**  
214 South Walnut Street  
Milford, DE 19963  
Phone: (302) 422-9791  
Website: www.drstewarddds.com/

**Swiatowicz Dental Associates  
(sedation)**  
5301 Limestone Road, Suite 212  
Wilmington, DE 19808  
Phone: (302) 239-8230  
Website: http://www.detoothdr.com/

**The Dental Group**  
Drs. Jones, Barnhart, Labin, and Kuon  
34359 Carpenter's Way  
Lewes, DE 19958  
Phone: (302) 645-8993  
Website:  
www.thedentalgrouplewes.com/

**Thompson, Ledden, & Bradley, LLC**  
2004 Foulk Road, Suite 1  
Wilmington, DE 19810  
Phone: (302) 475-0100  
Website:  
www.wilmingtongentledentists.com

**Thurman Adams State Service Center  
Pediatric**  
546 Bedford Street Extension  
Georgetown, DE 19947  
Phone: (302) 856-5240

**Wahl Family Dentistry**  
2003 Concord Pike  
Wilmington, DE 19803  
Phone: (302) 655-1228  
Website: www.wahlfamilydentistry.com/

**Dr. Robert Webster**  
1522 South State Street  
Dover, DE 19901  
Phone: (302) 674-1080

**Westside Family Healthcare-dental**  
1802 West 4<sup>th</sup> Street  
Wilmington, DE 19805  
Phone: (302) 655-5822

## **Dental Surgeons**

**Michael Cahoon**  
750 Kings Hwy., Suite 107  
Lewes, DE 19958  
Phone: (302) 644-4171

**Thomas Dougherty DMD**  
Weatherhill Professional Building  
5317 Limestone Road  
Wilmington, DE 19808  
Phone: (302) 239-2500

**Thomas R. Mullen, DMD**  
8466 Herring Run Road, Suite D  
Seaford, DE 19973  
Phone: (302) 629-3588

**Wilmington Hospital Department of  
Oral & Maxillofacial Surgery &  
Hospital Dentistry**  
501 West 14<sup>th</sup> Street  
Wilmington, DE 19801  
Phone: (302) 428-4850  
Website: www.christianacare.org



## **Early Intervention (birth to three)**

**Child Development Watch  
Early Intervention Program (DDDS)**  
Developmental assessment for children  
birth to three  
New Castle County  
University Office Plaza - Chopin Building  
258 Chapman Road  
Newark, DE 19702  
Phone: (302) 283-7100

Kent and Sussex County  
18 N. Walnut Street  
Milford, DE 19963  
Phone: (302) 424-7300  
Website:  
<http://dhss.delaware.gov/dph/chs/chscdw.html>

**For children three and older:** Many school districts offer early intervention for children who qualify. Please contact your local school district's special services department and request a screening or evaluation. You may also seek private medical services and therapies outside of school.

## **Education**

### **Advoserv**

4185 Kirkwood St. George's Road  
Bear, DE 19701  
Phone: (800) 593-4959  
(302) 834-7018  
Website: [www.advoserv.com](http://www.advoserv.com)

### **Association on Higher Education and Disability (AHEAD)**

107 Commerce Center Drive, Suite 204  
Huntersville, NC 28078  
Phone: (704) 947-7779  
Website: [www.ahead.org](http://www.ahead.org)

### **Back to Basics** (tutoring & educational services)

6 Stone Hill Rd.  
Wilmington, DE 19803  
Phone: (302) 594-0754  
Website:  
[www.backtobasicslearning.com](http://www.backtobasicslearning.com)

### **Brandywine Academic Services**

1701 Augustine Cutoff, Ste. 11  
Wilmington, DE 19803  
Phone: (302) 655-6283  
Website:  
<http://www.brandywineacademicsservices.com/>

### **Council for Learning Disabilities**

11184 Antioch Road  
Box 405  
Overland Park, KS 66210  
Phone: (913) 491-1011  
Website: [www.cldinternational.org](http://www.cldinternational.org)

### **Education Assessment Services**

1701 Augustine Cutoff, Ste. 11  
Wilmington, DE 19803  
Phone: (302) 472-0107  
Website:  
[www.brandywineacademicsservices.com](http://www.brandywineacademicsservices.com)

### **Education Resource System**

Educational materials for borrow.  
16 W Main St.  
Newark, DE 19716  
Phone: (302) 831-2335  
Website: [www.udel.edu/erc](http://www.udel.edu/erc)

### **Educational Resources Information Center (ERIC)**

c/o CSC  
655 15th St. NW, Suite 500  
Washington, DC 20005  
Toll-free: (800) LET-ERIC  
Website: [www.eric.ed.gov/](http://www.eric.ed.gov/)

### **Going to College**

Resource website for teens with disabilities  
Website: [www.going-to-college.org](http://www.going-to-college.org)

### **Heath Resource Center**

(Higher Education and Adult Training for People with Disabilities)  
2134 G Street, N.W.  
Washington, D.C. 20052-0001  
Website: [www.heath.gwu.edu](http://www.heath.gwu.edu)

### **Home School Legal Defense Association**

P.O. Box 3000  
Purcellville, VA 20134-9000  
Phone: (540) 338-5600  
Website: [www.hslda.org](http://www.hslda.org)

### **International Dyslexia Association**

40 York Rd., 4th Floor  
Baltimore, MD 21204  
Phone: (410) 296-0232  
Website: <http://interdys.org/>

### **International Reading Association**

800 Barksdale Road  
Newark, DE 19711-3204  
Phone: (800) 336-7323 or  
(302) 731-1600  
Website: [www.reading.org](http://www.reading.org)

**K12-online schooling**  
2300 Corporate Park Drive  
Herndon, VA 20171  
Phone: (866) 968-7512  
Website: [www.k12.com/](http://www.k12.com/)

**Learning Disabilities Association of America (LDA)**  
4156 Library Road  
Pittsburgh, PA 15234  
Phone: (412) 341-1515  
Website: [www.ldanatl.org](http://www.ldanatl.org)

**LDonline**  
WETA Public Television  
2775 S. Quincy St.  
Arlington, VA 22206  
Website: [www.ldonline.org](http://www.ldonline.org)

**Literacy Information and Communication System**  
Website: <http://lincs.ed.gov/lincs>

**National Association for Adults with Special Learning Needs**  
c/o KOC Member Services  
P.O. Box 716  
Bryn Mawr, PA 19010  
Phone: (888) 5-NAASLN  
Website: [www.naasln.org](http://www.naasln.org)

**National Association for Gifted Children (NAGC)**  
1331 H Street NW, Suite 1001  
Washington, DC 20005  
Phone: (202) 785-4268  
Website: [www.nagc.org](http://www.nagc.org)

**National Association for the Education of African American Children with Learning Disabilities**  
P.O. Box 09521  
Columbus, Ohio 43209  
Phone: (614) 237-6021  
Website: [www.aaald.org](http://www.aaald.org)

**National Association of Private Special Education Centers**  
601 Pennsylvania Avenue, NW  
Suite 900 - South Building  
Washington, DC 20004  
Phone: (202) 434-8225  
Website: [www.napsec.org](http://www.napsec.org)

**National Center for Learning Disabilities**  
32 Laight Street, Second Floor  
New York, NY 10013  
Phone: (888) 575-7373  
Website: [www.nclld.org](http://www.nclld.org)

**National Clearinghouse for English Language Acquisition**  
8757 Georgia Ave., Suite 460  
Silver Spring, MD 20910  
Phone: (866) 347-6864  
Website: <http://www.ncela.us>

**Office of Special Education and Rehabilitative Services (OSERS)**  
Lyndon Baines Johnson (LBJ)  
Department of Education Building  
400 Maryland Ave, SW  
Washington, DC 20202  
Phone: (800) USA-LEARN  
Website: [www2.ed.gov/osers](http://www2.ed.gov/osers)

**Proliteracy Worldwide**  
104 Marcellus Street  
Syracuse, NY 13204  
Phone: (888) 528-2224  
Website: [www.proliteracy.org](http://www.proliteracy.org)

**Reading Assist Institute**  
Community Services Building  
100 West 10th Street  
Suite 910  
Wilmington, DE 19801  
Phone: (302) 425-4080

1002 Mattlind Way  
Milford, DE 19963  
Phone: (302) 422-2299  
Website: [www.readingassist.org](http://www.readingassist.org)

**Varrassi Educational Associates**

Specializes in working with the secondary and post-secondary school student.

312 Warren Ave. Suite 2

Hohokus, NJ 07423

Phone: (551) 427-7052

Website: [www.vincentvarrassi.com/](http://www.vincentvarrassi.com/)

## Eye

**Al DuPont Hospital for Children  
Ophthalmology Clinic  
Drs. Hendricks, Jing, Lehman, Salvin**  
1600 Rockland Road  
Wilmington, DE 19803  
Phone: (302) 651-4200  
Website:  
<http://www.nemours.org/service/medical/pediatric-ophthalmology.html>

**Delaware Eye Care Center  
Drs. Doyle, Esaka, Markowitz, Moyer,  
Semenick**  
833 S. Governor's Avenue  
Dover, DE 19904  
Phone: (302) 674-1121

333 East Main Street  
Newark, DE 19711  
Phone: (302) 368-9105

110 NE Front Street  
Milford, DE 19963  
Phone: (302) 422-5155  
Website: [www.delawareeyecar.com](http://www.delawareeyecar.com)

**Delaware Eye MD Associates, P.A.  
Dorothy Moore**  
2055 Limestone Road, Suite 102  
Wilmington, DE 19808  
Phone: (302) 992-0430

**Delaware Ophthalmology  
Consultants  
Dr. Ralph Milner**  
Concord Plaza-Naamans Bldg.  
3501 Silverside Road  
Wilmington, Delaware 19810

Limestone Medical Center  
1941 Limestone Road, Suite 120  
Wilmington, Delaware 19808

Blue Heron Pavilion  
272 Carter Drive, Suite 100

**Delaware Ophthalmology (cont.)**  
Middletown, Delaware 19709  
Phone: (302) 479-3937  
Website: [www.delawareeyes.com](http://www.delawareeyes.com)

**Delaware Vision Academy  
Dr. Donald Blackburn**  
3105 Limestone Rd.  
Suite 102  
Wilmington, DE 19808  
Phone: (302) 998-1395  
Website: [www.devisionacademy.com](http://www.devisionacademy.com)

**W. Lee MacKewiz, O.D., P.A.**  
725 Pulaski Highway  
Route 40  
Bear, DE 19701  
Phone: (302) 834-2020  
Website: [www.beareye.com](http://www.beareye.com)

**Stefan S. O'Connor**  
2055 Limestone Rd.  
Wilmington, DE 19808  
Phone: (302) 992-0238

**Sussex Eye Center, P.A.  
Drs. Hilovsky, Nguyen, Parker,  
Rebarchik, Sprague**  
34446-1 King Street Row  
Old Towne Office Park  
Lewes, DE 19958  
Phone: 302-645-8881

502 W. Market Street  
Georgetown, DE 19947  
Phone: 302-856-2020

32030 Long Neck Rd  
Millsboro, DE 19966  
Phone: 302-947-2020

17 Lighthouse Road  
Selbyville, DE 19975  
Phone: 302-436-2020  
Website: [www.sussexeyecenter.com](http://www.sussexeyecenter.com)

## **Financial Assistance**

### **211**

Delaware 2-1-1 provides one central resource for access to the health and human service organizations that offer the support to make a difference.

Phone: 211

Website: [www.delaware211.org/](http://www.delaware211.org/)

### **Love Inc.**

Churches working together to help communities

P.O. Box 1152

Bear, DE 19701

Phone: (302) 221-5683

Seaford

Phone: (302) 629-7050

Website: [www.loveincde.org](http://www.loveincde.org)

### **Needy Family Fund**

Needy Family funds are disbursed to those in need for basic necessities such as food, shelter, utilities and other emergency needs. Some restrictions and limitations apply. To determine if you are eligible, please call the following numbers:

Division of State Service Centers

Phone: (302) 255-9674 or,

if you are not currently receiving public assistance, please call:

### **(Needy Family Fund cont.)**

The Salvation Army

Phone: (302) 472-0750

Website: [www.needyfamily.org](http://www.needyfamily.org)

### **Needy Meds**

Finding help with the cost of medicine

Phone: (800) 503-6897

Website: [www.needymeds.org](http://www.needymeds.org)

### **The Sunshine Foundation**

P.O. Box 16

New Castle, DE 19720

Phone: (302) 323-1141

### **United Healthcare Children's Foundation**

A 501(c)(3) nonprofit charity dedicated to enhancing the quality of children's lives by providing financial assistance to help families gain access to medically related services that are not covered, or not fully covered, by the available commercial health insurance plan, and that may have the potential to significantly enhance children's clinical conditions.

Phone: (855) MY-UHCCF

Website: [www.uhccf.org/](http://www.uhccf.org/)

## **Financial Planning**

The following professionals have offered their services for our community.

**Diann Jones**  
**Special Needs Planning and Resources LLC**  
226 Horseshoe Drive  
Middletown, DE 19709  
Phone: (302) 530-1234  
Website: [www.specialneedsplanning.org](http://www.specialneedsplanning.org)

**Monty Knittle**  
**Morgan Stanley**  
**Special Needs financial planning**  
2330 W. Joppa Rd., Suite 255  
Lutherville, MD 21093  
Phone: (410) 583-4855  
Website:  
[www.morganstanleyfa.com/thecurranknittlegroup](http://www.morganstanleyfa.com/thecurranknittlegroup)

**Charles Paff, CLU, ChFC, CFP**  
**Swarthmore Financial**  
15 Reads Way, Suite 210  
New Castle, DE 19720  
Phone: (302) 325-0700  
Website: [www.swathmorefinancial.com](http://www.swathmorefinancial.com)

**Ryan Williamson, CSNA**  
**Global Wealth Management**  
19535 Camelot Drive  
Rehoboth Beach, DE 19971  
Phone: (302) 227-5139  
Website:  
[http://wealthmanagement.ml.com/WM/pages/FA3.aspx?pageurl=Ryan\\_Williamson](http://wealthmanagement.ml.com/WM/pages/FA3.aspx?pageurl=Ryan_Williamson)

## **Housing Assistance**

Delaware State Housing Authority has a booklet entitled

### **Delaware Affordable Housing Services Directory**

Information can be found for many housing issues.

Phone: (888) 363-8808

Website: [www.destatehousing.com/flipbook/housing\\_services\\_directory/#/0](http://www.destatehousing.com/flipbook/housing_services_directory/#/0)



## **Legal-Criminal**

### **Victor Battaglia**

921 N Orange St  
PO Box 1489  
Wilmington, DE 19801  
Phone: (302) 655-9677

### **John Deckers**

800 N. King Street, Suite 303  
Wilmington, DE 19801  
Phone: (302) 656-9850  
Website: [www.johndeckerslaw.com/](http://www.johndeckerslaw.com/)

### **Tom Foley**

1905 Delaware Avenue  
Wilmington, DE 19806  
Phone: (302) 658-3077  
Website: <http://www.tomfoleylaw.com/>

### **James J. Haley Jr**

1716 Wawaset St  
Wilmington, DE 19806  
Phone: (302) 656-7247  
Website: <http://haley-law.glfsite.com/>

### **Eugene Maurer**

1201 N King St.  
Wilmington, DE 19801  
Phone: (302) 652-7900

### **Carolyn M. McNeice**

1823 West 16<sup>th</sup> St.  
Wilmington, DE 19806  
Phone: (302) 571-9002

116 W. Water Street  
Dover, DE 19904  
Phone: (302) 678-3262

16 S. Front Street  
Georgetown, DE 19974  
Phone: (302) 855-9090

## **Legal-Education**

### **McAndrews Law Offices**

Foulk & Wilson Professional Centre  
910 Foulk Road, Suite 200  
Wilmington, DE 19803-3159  
Phone: (302) 380-4975  
Website: [www.mcandrewslaw.com](http://www.mcandrewslaw.com)

### **Bruce Rogers**

12 S. Front Street  
P.O. Box 876  
Georgetown, DE 19947  
Phone: (302) 856-7161  
Website: [www.attyrogers.com/](http://www.attyrogers.com/)

### **Lee Wentz**

1210 N. King, Suite. 100  
Wilmington, DE 19801  
Phone: (302) 319-3387  
Website: [www.lwentzlaw.com](http://www.lwentzlaw.com)

### **Disability Law Program**

#### **Community Legal Aid Society**

New Castle County  
100 W. Tenth Street, Suite 801  
Wilmington, DE 19801  
Phone: (302) 575-0690  
(800) 292-7980

#### Kent County

840 Walker Road  
Dover, DE 19904  
Phone: (302) 674-8503  
(800) 537-8383

#### Sussex County

Georgetown Professional Park  
20151 Office Circle  
Georgetown, DE 19947  
Phone: (302) 856-3742  
(800) 462-7070

#### Website:

[www.declasi.org/index.php/disabilities-law-program](http://www.declasi.org/index.php/disabilities-law-program)

## **Legal-Family Law**

### **Doroshow, Pasquale, Krawitz and Bhaya**

1202 Kirkwood Highway  
Wilmington, DE 19805

1701 Pulaski Highway  
Bear, DE 10701  
Phone: (888) 734-6800  
Website: [www.dplaw.com](http://www.dplaw.com)

Vanessa Kassab and  
Angela Ross assists with social security  
Phone: (302) 998-0100

### **Felice Kerr**

5721 Kennett Pike  
Centreville, DE 19807-1311  
Phone: (302) 654-4454  
Website: [www.macelree.com/](http://www.macelree.com/)

## **Legal-Guardianship and Trusts**

### **Law offices of Baird Mandalas**

#### **Kevin Baird**

103 S. Bradford Street  
Dover, DE 19904  
Phone: (302) 677-0061  
Website: [www.bmbde.com](http://www.bmbde.com)

### **Morris James Law**

#### **Mary Culley**

Estate planning, fiduciary consultation, guardianships, special needs trusts  
500 Delaware Avenue  
Wilmington, DE 19801  
Phone: (302) 888-6800  
Website: [www.morrisjames.com](http://www.morrisjames.com)

### **Delaware Volunteer Legal Services**

Pro-bono legal representation.  
Must meet income requirements.  
Adult guardianships  
Call the Legal Helplink  
Phone: (302) 478-8850

### **Kleiner and Kleiner**

Estate planning for special needs  
501 Silverside Rd., Suite 46  
Wilmington, DE 19809  
Phone: (302) 789-0LAW  
Website: [www.7890law.com](http://www.7890law.com)

### **Law offices of James E. Deakyne, Jr. PA**

Family law and guardianships  
323 D Rehoboth Avenue  
Rehoboth Beach, DE 19971  
Phone: (302) 226-1200

## **Legal-Mediation**

### **Consortium for Appropriate Dispute Resolution in Special Education (CADRE)**

National technical assistance  
P.O. Box 51360  
Eugene, OR 97405  
Phone: (541) 686-5060  
Website:  
[www.directionservice.org/cadre](http://www.directionservice.org/cadre)

**State of Delaware  
Department of Education  
Exceptional Children Resources**  
Mediation, Administrative Complaints, &  
Due Process Complaints  
Contact: Jennifer Kline  
401 Federal Street, Suite 2  
Dover, DE 19901  
Phone: (302) 739-4667  
Website: [www.doe.k12.de.us](http://www.doe.k12.de.us)

### **Special Education Partnership for the Amicable Resolution of Conflict (SPARC)**

Contact: Fran Fletcher  
177 Graham Hall  
University of Delaware  
Newark, DE 19716  
Phone: (302) 831-8158  
Website:  
[www.ipa.udel.edu/crp/sparc.html](http://www.ipa.udel.edu/crp/sparc.html)

## **Lending Libraries**

### **Delaware Assistive Technology Initiative (DATI)**

Center for Disabilities Studies  
College of Education and Human Development  
University of Delaware  
461 Wyoming Road  
Newark, DE 19716  
Phone: (800) 870-DATI

Easter Seals Kent County Center  
100 Enterprise Place, Suite 1  
Dover, DE 19904  
Phone: (302) 739-6885

20123 Office Circle  
Georgetown, DE 19947  
Phone: (302) 856-7946  
Website: [www.dati.org](http://www.dati.org)

### **Education Resource System**

Educational materials for borrow.  
Phone: (302) 831-2335  
Website: [www.udel.edu/erc](http://www.udel.edu/erc)

### **Parent Information Center (PIC)**

404 Larch Circle  
Larch Corporate Center  
Wilmington, DE 19804  
Phone: (302) 999-7394  
Phone: (888) 547-4412  
Website: [www.picofdel.org](http://www.picofdel.org)

## **Massage Therapy**

### **Back in Action Chiropractic**

819 New Churchmans Rd. Ext.

New Castle, DE 19720

Phone: (302) 322-3304

Website: [www.backinactioncenter.com](http://www.backinactioncenter.com)

### **Massage and Reflexology of Delaware**

Lindell Square

1601 Milltown Road #15

Wilmington, DE 19808

Phone: (302) 633-4035

Website: <http://www.massageandreflexologyofdelaware.com/index.html>

## **Medical/General, Home Healthcare, and Nursing**

\*For medical supplies (ie. diapers): caregivers should call the number in the MCO handbook for member benefits and ask for a list of suppliers for incontinence supplies.

### **A.I. du Pont Children's Hospital**

1600 Rockland Road  
Wilmington, DE 19803  
Phone: (302) 651-4000

### **Developmental Medicine Department**

Phone: (302) 651-4511  
Website: [www.nemours.org](http://www.nemours.org)

### **Bayada Home Care (adult)**

750 Shipyard Dr. Suite 100  
Wilmington, DE 19801  
Phone: (302) 658-3000  
Website: [www.bayada.com](http://www.bayada.com)

### **Bayada Nurses Pediatric Home Care Specialists**

15 Reads Way  
New Castle, DE 19720  
Phone: (302) 322-2300  
Website: [www.bayada.com](http://www.bayada.com)

### **Epic Health Services**

991 N. DuPont Blvd.  
Milford, DE 19963  
Phone: (302) 422-3240  
Website: [www.epichealthservices.com](http://www.epichealthservices.com)

### **Interim Healthcare**

Phone: (302) 322-2743  
Website: [www.interimhealthcarede.com](http://www.interimhealthcarede.com)

### **Maxim Healthcare Services**

1012 State College Road, Suite 101  
Dover, DE 19904  
Phone: (302) 734-9040

1409 Foulk Road, Suite 203

Wilmington, DE 19803  
Phone: (302) 478-3434  
Website: [www.maximhealthcare.com](http://www.maximhealthcare.com)

### **Nurses N' Kids**

904 Churchmans Road Extension  
New Castle, DE 19720  
Phone: (302) 323-1118

705 North Street Extension

Milford, DE 19963  
Phone: (302) 424-1770  
Website: [www.nursesnkids.com](http://www.nursesnkids.com)

### **RP Home Care of Delaware**

908B New Churchmans Road Extension  
New Castle, DE 19720  
Phone: (302) 323-1436  
Website: [www.rescarehomecare.com](http://www.rescarehomecare.com)

The Academic Autism Spectrum Partnership in Research and Education (AASPIRE), in collaboration with the Autistic Self Advocacy Network, has created a new interactive toolkit to help improve healthcare services for adults on the autism spectrum, **now** available at [www.autismandhealth.org](http://www.autismandhealth.org).

## **National & State Disabilities Resources**

### **American Association for Vocational Instructional Materials (AAVIM)**

220 Smithonia Road  
Winterville, GA 30683  
Phone: (800) 228-4689  
Website: [www.aavim.com](http://www.aavim.com)

### **Center for Disabilities Studies University of Delaware**

University affiliated whose mission is to enable people with disabilities to achieve their personal goals.  
461 Wyoming Road  
Newark, DE 19716  
Phone: (302) 831-6974  
Website: [www.udel.edu/cds](http://www.udel.edu/cds)

### **Center for Parent Information and Resources**

c/o Statewide Parent Advocacy Network  
35 Halsey St., Fourth Floor  
Newark, NJ 07102  
Website:  
<http://www.parentcenterhub.org/>

### **Council for Exceptional Children**

2900 Crystal Drive, Suite 1000  
Arlington, VA 22202-3557  
Phone: (888) 232-3557  
Website: [www.cec.sped.org](http://www.cec.sped.org)

The Division for Learning Disabilities  
1110 North Globe Road, Suite 300  
Arlington, VA 22201  
Phone: (703) 620-3660  
Website: [www.dldcec.org](http://www.dldcec.org)

### **Delaware Family Voices**

Supporting families and children with special needs  
222 Philadelphia Pike, Suite 11  
Wilmington, DE 19809  
Phone: (302) 669-3030

### **DE FV cont.**

Website:  
[www.delawarefamilytofamily.org](http://www.delawarefamilytofamily.org)

### **Development Disabilities Council Delaware**

Margaret O'Neill Building  
410 Federal Street  
Dover, DE 19901  
Phone: (302) 739-3333  
Website: [www.ddc.delaware.gov](http://www.ddc.delaware.gov)

### **Family SHADE**

Family SHADE will enable, empower and enrich families' lives by connecting families to supports and services.  
Phone: (855) 755-SHADE  
Website: [www.familyshade.org](http://www.familyshade.org)

### **Governor's Advisory Council for Exceptional Citizens**

George Massey Station  
516 W. Loockerman Street  
Dover, DE 19904  
Phone: (302) 739-4553  
Website: <http://gacec.delaware.gov/>

### **Job Accommodation Network (JAN)**

Phone: (800) 526-7234  
Website: <https://askjan.org/index.html>

### **National Association of Professional Organizers**

Website: [www.napo.net](http://www.napo.net)

### **National Council on Independent Living**

2013 H. St. NW, 6<sup>th</sup> floor  
Washington, DC 20006  
Phone: (877) 525-3400  
Website: [www.ncil.org](http://www.ncil.org)



**National Institute for Child Health and Human Development**

National Institutes of Health  
P.O. Box 3006  
Rockville, MD 20847  
Phone: (800) 370-2943  
Website: [www.nichd.nih.gov](http://www.nichd.nih.gov)

**National Institute of Health (NIH)**

9000 Rockville Pike  
Bethesda, MD 20892  
Phone: (301) 496-4000  
Website: [www.nih.gov](http://www.nih.gov)

**National Institute of Mental Health (NIMH)**

6001 Executive Boulevard  
Bethesda, MD 20852  
Phone: (866) 615-6464  
Website: [www.nimh.nih.gov](http://www.nimh.nih.gov)

**Parent Information Center**

404 Larch Circle  
Wilmington, DE 19804  
Phone: 302.999.7394

Kent/Sussex Office  
13 Bridgeville Road  
Georgetown, DE 19947  
Phone: (302)856-9880  
Website: [www.picofdel.org](http://www.picofdel.org)

## **Neurologists**

### **Centre for Neurology MRI PA**

Dr. Anand Gundakaram  
1074 South State Street  
Dover, DE 19901  
Phone: (302) 678-8100

### **Specialty Care Center**

#### **Dr. Donna Stephenson**

819 Baltimore Pike  
Glen Mills, PA 19342  
Phone: (267) 425-8500

### **CHOP-Neurology**

#### **Dr. Christina Bergqvist**

3401 Civic Center Blvd  
Philadelphia, PA 19104  
Phone: (215) 590-1719

## **Nutrition**

### **Nadine Gilder**

1218 Steeplechase Court  
Toms River, NJ 08755  
Phone: (732) 473-9482  
Website:  
[www.autismeducationalservices.net](http://www.autismeducationalservices.net)

### **Good News Natural Foods**

1 N. Walnut St.  
Milford, DE 19963  
Phone: (302) 424-2393  
Website:  
[www.goodnewsnaturalfoods.com](http://www.goodnewsnaturalfoods.com)

### **Dr. Harumi Jyonouchi**

Pediatric Allergy/Immunology  
Address: 254 Easton Avenue  
MOB 3rd Floor  
New Brunswick, NJ 08901  
Phone: (732) 339-7780

### **Websites:**

#### **Autism Coach**

Website: [www.autismcoach.com](http://www.autismcoach.com)

#### **Gluten Free Casein Free Diet**

Website: [www.gfcfdiet.com/](http://www.gfcfdiet.com/)

#### **Gluten Free Delaware Dining Guide**

Website: [www.glutenfreephilly.com](http://www.glutenfreephilly.com)

#### **Gluten Free Mall**

Website: [www.glutenfreemail.com](http://www.glutenfreemail.com)

### **Division of Gastroenterology and Nutrition**

Al DuPont Hospital  
1600 Rockland Road  
Wilmington, DE 19803  
Phone: (302) 651-5928

### **Squirrel's Nest**

One North Broad Street  
Middletown, DE, 19709  
Phone: (302) 378-1033  
Website: [www.squirrels-nest.com](http://www.squirrels-nest.com)

### **Gluten Free Travel Site**

Website: [www.glutenfreetravelite.com](http://www.glutenfreetravelite.com)

### **Great Plains Laboratory**

Website:  
[www.greatplainslaboratory.com](http://www.greatplainslaboratory.com)

### **Kirkman Labs**

Phone: (800) 245-8282  
Website: [www.Kirkmanlabs.com](http://www.Kirkmanlabs.com)

### **The Pure Pantry**

Website: [www.thepurepantry.com/](http://www.thepurepantry.com/)

## **Parent Training Resources**

- **The Autism Speaks 100 Day Kit for Newly Diagnosed Families of Young Children**  
created specifically for families of children ages 4 and under to make the best possible use of the 100 days following their child's diagnosis of autism. Download the 100 Day Kit Anyone can download the 100 Day Kit for free!

<http://www.autismspeaks.org/family-services/tool-kits/100-day-kit>

- **Autism Community**  
Topics covered on this website include: treatment options, accessing services, school issues, disruptive behaviors, sleep issues, eating issues, toilet training issues

<http://www.autism-community.com/resources/for-parents/>

- **Wrightslaw**  
Parents, educators, advocates, and attorneys come to Wrightslaw for accurate, reliable information about special education law, education law, and advocacy for children with disabilities.

<http://www.wrightslaw.com/>

- **Autism Society of America**  
This online course will take approximately 30 minutes to complete. The course covers the following areas:

Introduction to the Autism Spectrum  
Overview of Treatment Options  
Treatment Assistance  
Transition to Adulthood  
What We Can Do Every Day

At the end of the course you will be able to download a certificate of completion. The certificate is in PDF format and you will need Adobe Reader to open and/or print it.

<http://www.autism-society.org/living-with-autism/how-the-autism-society-can-help/online-courses-and-tutorials/#autism101>

- **Institute for Behavioral Training**  
is a one-stop training hub for people who interact with, teach, care for, and treat individuals with autism spectrum disorder (ASD).

<http://ibehavioraltraining.com/IBT/Default.aspx>

## **Pediatricians**

### **Appoquinimink Pediatrics**

3920 South DuPont Parkway, Suite A  
Townsend, DE 19734  
Phone: (302) 449-2570  
Website: [www.depeditriacs.com](http://www.depeditriacs.com)

### **Brandywine Pediatrics**

3521 Silverside Rd; Suites 1B-1F  
Quillen Building  
Wilmington, DE 19810  
Phone: (302) 478-2613  
Website:  
[www.brandywinepediatrics.com](http://www.brandywinepediatrics.com)

### **Center For Pediatric & Adolescent Medicine P.A.**

#### **Drs. Grob, Pillsbury, Woodward, Brown**

125 Greentree Drive, Suite 1  
Dover, DE 19904  
Phone: (302) 678-8333  
Website: [www.cpam.us](http://www.cpam.us)

### **Coastal Kid Watch**

#### **Dr. Paula Nadig**

32566 Docs Pl Suite 1  
Millville, DE 19967  
Phone: (302) 537-0793

### **Dr. Justin D'Antuono**

1400 Peoples Plaza, Suite 300  
Newark, DE 19702  
Phone: (302) 836-7820

### **Delaware Pediatrics**

1409 Foulk Road, Suite 100  
Wilmington, DE 19803  
Phone: (302) 762-6222  
Website: [depeditriacs.com](http://depeditriacs.com)

### **Dr. Marita Fallorina**

1 Catherine Street , Suite 1  
New Castle, DE 19720  
Phone: (302) 322-6847

### **First State Pediatrics**

#### **Drs. Leech and Murphy**

722 Yorklyn Road, Suite 100  
Hockessin, DE 19707  
Phone: (302) 235-1188  
Website: [www.firststatepediatrics.com](http://www.firststatepediatrics.com)

### **First State Pediatrics**

210 Christiana Medical Center  
Newark, DE 19702  
Phone: (302)368-2501  
Website: [www.firststatepediatrics.com](http://www.firststatepediatrics.com)

### **Franczyk & Storlazzi Pediatrics**

2700 Silverside Rd, Suite 5  
Wilmington, DE 19810  
Phone: (302)-478-1975  
Website: <http://francykpediatrics.com>

### **Just Kids Pediatrics**

875 AAA Boulevard, Suite C  
Newark, DE 19713  
Phone: 918-6400  
Website:  
<http://www.justkidspediatrics.com/>

### **Dr. Theresa Keller**

16 South Dupont Hwy.  
Milford, DE 19963  
Phone: (302)422-2022

### **Dr. Karen Kelly**

1941 Limestone Road  
Wilmington, De 19808  
Phone: (302) 994 8887

### **Mid Atlantic Family Practice**

20251 John J Williams Highway  
Lewes, DE 19958  
Phone: (302) 644-6860  
Website: [www.mafp.net](http://www.mafp.net)

**Nemours Pediatrics**

141 Becks Woods Dr.  
Bear, DE 19701  
Phone: (302) 595-0021

102 West Water Street, Suite 1  
Dover, DE 19904  
Phone: (302) 672-5650

200 Cleaver Farm Road, Suite 201  
Middletown, DE 19709  
Phone: (302) 378-5100

Teal Creek Plaza  
703 North DuPont Blvd.  
Milford, DE 19963  
Phone: (302) 422-4559

49 Fallon Avenue  
Seaford, DE 19973  
Phone: (302) 629-5030

Wilmington offices:  
Foulkstone Plaza  
1405 Foulk Road, Suite 101  
Wilmington, DE 19803  
Phone: (302) 655-3242

1602 N. Jessup St.  
Wilmington, DE 19802  
Phone: (302) 576-5050

222 Philadelphia Pike, Suite 5  
Wilmington, DE 19809  
Phone: (302) 761-4660

St. Francis Medical Services Building  
700 N. Clayton St., Suite 400  
Wilmington, DE 19805  
Phone: (302) 421-9700

**Newark Pediatrics****Dr. Jason Walker**

314 E. Main St., Suite 101  
Newark, DE 19711  
Phone: (302) 738-4800  
Website: [www.newarkpediatrics.com](http://www.newarkpediatrics.com)

**Pediatric and Adolescent Center****Dr. Jenna Sieff**

424 Mulberry Street, #1  
Milton, DE 19968  
Phone: (302) 684-0561

**Peninsula Regional Primary Care at Laurel**

30668 Sussex Highway  
Laurel, DE 19956  
Phone: (302) 875-6550  
Website: [www.peninsula.org](http://www.peninsula.org)

**Premier Pediatrics****Dr. Bradley Smith**

2600 Glasgow Avenue, Suite 213  
Newark, DE 19702  
Phone: (302) 836-4440  
Website: [www.premier4kids.com](http://www.premier4kids.com)

**Dr. Lowell Scott**

611 Federal St. Suite 3  
Milton, DE 19968  
Phone: (302) 684-1119  
Website: [www.scottpediatrics.com](http://www.scottpediatrics.com)

**Southside Family Practice****Dr. Brian Horn**

230 Beiser Blvd, Suite 200  
Dover, DE 19904  
Phone: (302) 735-1880  
Website: [www.doverdocs.com](http://www.doverdocs.com)

**Dr. Bradley Winston**

375 Mullet Run St.  
Milford, DE 19963  
Phone: (302) 424-1650

## **Personal Trainers**

### **Sara Titone**

Works with children and adults

Phone: (302) 897-1077

Email: [setitone@gmail.com](mailto:setitone@gmail.com)

## **Photographers**

### **Barefoot Studio**

Lincoln, DE

Phone: (302) 424-4662

Website: [www.barefootpaula.com](http://www.barefootpaula.com)

### **Belles and Beaus Photography**

238 E. Seneca Drive

Newark, DE 19702

Phone: (302) 397-7439

Website: [www.bellesandbeausphoto.com](http://www.bellesandbeausphoto.com)

### **Silence Speaks**

Phone: (302) 353-0685

Email: [coliemarie80@gmail.com](mailto:coliemarie80@gmail.com)



## **Physicians-Adult**

### **DC Medical Services**

**Dr. Jona D. Gorra**

10 West Laurel St.

Georgetown, DE 19947

Phone: (302) 855-0915

### **Limestone Medicine and Pediatrics of Christiana Care**

**Dr. James D'Amour**

4512 Kirkwood Highway, Suite 300

Wilmington, DE 19808

Phone: (302) 623-7500

### **Transition Care Practice**

Wilmington Hospital

501 W. 14<sup>th</sup> St.,

Wilmington, DE 19801

Phone: (302) 428-4410

## **Psychiatrists and APRNs** (some may temporarily not take new patients due to

full case loads)

An \* indicates the provider serves adults with ASD. A \*\* indicates serves children only.

### **Advanced Treatment Options, LLC Karen Gible , APRN, BC**

Lindell Square  
1601 Milltown Road, Suite 1  
Wilmington, DE 19808  
Phone: (888)-517-2088  
Website:  
[www.advancedtreatmentoptions.com](http://www.advancedtreatmentoptions.com)

### **Dr. Azarcon & Associates, LLC. \*\***

3411 Silverside Road  
Rodney Building, Suite 107  
Wilmington, DE 19810  
Phone: (302) 478-2969  
Website: [www.drazarcon.com](http://www.drazarcon.com)

### **Broudy & Associates**

**Dr. Petra Clarkson**  
825 N. Washington Street  
Wilmington, DE 19801  
Phone: (302) 655-7110  
Website: [www.broudyassoc.com](http://www.broudyassoc.com)

### **Dr. Joseph Bryer \***

2300 Pennsylvania Avenue, Suite 3B  
Wilmington, DE 19806  
Phone: (302) 426-9440  
Website: [www.josephbryer.com](http://www.josephbryer.com)

### **Dr. Robert Cohn**

2300 Pennsylvania Avenue, Suite 3B  
Wilmington, DE 19806  
Phone: (302) 426-1118

### **Concord Behavioral Health**

**Dr. Karl McIntosh**  
1300 Pennsylvania Avenue  
Wilmington, DE 19806  
Phone: (302) 594-9000

### **Dr. Richard Cruz \*\* School consultation only**

1701 Augustine Cutoff  
Wilmington, DE 19803  
Phone: (302) 656-9707

### **Delaware Behavioral Health, Inc. Catherine Doty APRN, BC**

240 N. James Street, Suite 100D  
Newport, DE 19804-3167  
Phone: (302) 543-4425  
Website: <http://www.delaware-behavioral-health.org/>

### **Delaware Guidance Services \*\***

1213 Delaware Avenue  
Wilmington, DE 19806  
Phone: (302) 652-3948

1208 Drummond Plaza, Building 1  
Newark, DE 19711  
Phone: (302) 455-9333

103 Mont Blanc Blvd.  
Dover, DE 19904  
Phone: (302) 678-3020

31168 Learning Lane  
Lewes, DE 19958  
Phone: (302) 645-5338

900 Health Services Dr.  
Seaford, DE 19973  
Phone: (302) 262-3505  
Website: [www.delawareguidance.org](http://www.delawareguidance.org)

### **Harmonious Mind**

5189 West Woodmill Drive, Suite 30  
Wilmington, DE 19808  
Phone: (302) 633-6001  
Website: [www.harmoniousmind.com](http://www.harmoniousmind.com)

**Lifespan Counseling at the Kids  
Couch (June 2014)**

**Lifespan Counseling @ the Kids  
Couch**

240 North James St., Suite 200  
Newport, DE 19804  
Phone: (302) 633-0301  
Website: [www.delifespan.com](http://www.delifespan.com)

**Lillian Kraman-Roach \***

846 Walker Road, Suite 31-2  
Dover, DE 1  
Phone: (302) 674-9188

**Mid Atlantic Behavioral Health**

910 S. Chapel Street, Ste. 102  
Newark, DE 19713  
Phone: (302) 224-1400  
Website: [www.midatlanticbh.com](http://www.midatlanticbh.com)

**Mind and Body Consortium**

156 South State Street  
Dover, DE 19901  
Phone: (302) 674-2380

993 N. DuPont Highway  
Milford, DE 19963  
Phone: (302) 424-1322

**Mind and Body Consortium cont.**

212 Carter Drive, Suite D  
Middletown, DE 19719  
Phone: (302) 378-2522  
Website: [www.mindandbodyde.com](http://www.mindandbodyde.com)

**Partners in Mental Health**

**Dr. Peter Zorach**

1601 Concord Pike, Suite 92-100  
Wilmington, DE 19803  
Phone: (302) 573-5112

**Psychiatric Access**

**Dr. Mark Borer**

846 Walker Road, Suite 32-2  
Dover, DE 19904  
Phone: (302) 674-2265

**Unity Behavioral Health, LLC**

**Duane C. Shubert, MD**

Red Mill Center  
16529 Coastal Highway  
Lewes, DE 19958  
Phone: (302) 227-7399  
Website:  
[www.unitybehavioralhealth.com](http://www.unitybehavioralhealth.com)

**Dr. Nidia Yanez**

2401 Pennsylvania Ave., Suite 110  
Wilmington, DE 19806  
Phone: (302) 655-2991

## **Psychological & Counseling Related Services**

**Al DuPont Hospital for Children**  
**Dr. Roger Harrison**  
**Behavioral Medicine Department**  
1600 Rockland Road  
Wilmington, DE 19803  
Phone: (302) 651-4000 (for registration)  
Website: [www.nemours.org](http://www.nemours.org)

**Dr. Lee Anderson, PHD**  
260 Kennett Pike  
Chadds Ford, PA 19317  
Phone: (610) 388-1920  
Works with grief and ASDs

**Carol Bouzoukis, PhD RDT, MFA**  
1300 Pennsylvania Avenue  
Wilmington, DE 19806  
Phone: (302) 475-9358  
Website:  
[www.playtherapydelaware.com](http://www.playtherapydelaware.com)

**Broudy & Associates**  
**Aileen Fink, Dan Hoover,**  
**Thomas Vail, Renee Murch**  
825 North Washington Street  
Wilmington, DE 19801  
Phone: (302) 655-7110 ext. 305  
Website: [www.broudyassoc.com](http://www.broudyassoc.com)

**Vivian Bush, Ph.D**  
**Cannot serve DAP students in the**  
**Consortium**  
1270 Kings Highway  
Lewes, DE 19958  
Phone: (302) 645-6686

**Patrick Casey,**  
1001 S Bradford St Suite 10  
Dover, DE 19904  
Phone: (302) 674-2580

**Center for Mental Wellness**  
25 S. Old Baltimore Pike  
Lafayette Building, Suite 201  
Christiana, Delaware 19701  
Phone: (302) 266-6200

**Center for Mental Wellness,**  
**Sondhya Verma-Higgins**  
121 W. Loockerman Street  
Dover, Delaware 19904  
321 West Stein Highway  
Phone: (302) 674-1397  
Website: [www.acfmw.com](http://www.acfmw.com)

**Child, Inc.**  
Statewide parent education, home  
visiting, and counseling.  
507 Philadelphia Pike  
Wilmington, DE 19809  
Phone: (302) 762-8989 New Castle  
Phone: (800) 874-2070 Kent/Sussex  
Counties  
Website: [www.childinc.com](http://www.childinc.com)

**Children and Families First**  
2005 Baynard Boulevard  
Wilmington, DE 19802  
Phone: (302) 658-5177

809 Washington Street  
Wilmington, DE 19801  
Phone: (302) 658-5177

91 Wolf Creek Boulevard, Suite 1  
Dover, Delaware 19901  
Phone: (302) 674-8384

410 S. Bedford Street  
Georgetown, DE 19947  
Phone: (302) 856-2388  
Website: [www.cffde.org](http://www.cffde.org)

**Christiana Counseling****Blaine Morris, Catherine Doty, APRN-BC, Christie Caputo, Jessica Spence Ana Maria Keane**

Woodmill Corporate Center  
5235 West Woodmill Drive, Suite 47&48  
Wilmington, DE 19808  
Phone: (302) 995-1680  
Website:  
www.christianacounseling.com  
Spanish speaking therapist available

**Concord Behavioral Health****Harris Finkelstein**

1300 Pennsylvania Avenue  
Wilmington, DE 19806  
Phone: (302) 594-9000

**Counseling Resource Associates, Inc.****J Roy Cannon**

117 Larkspur Rd.  
Newark, DE 19711  
Phone: (302) 738-9963  
Website:  
counselingresourceassociates.webs.com

**Delaware Guidance Services**

103 Mont Blanc Blvd.  
Dover, DE 19904  
Phone: (302) 678-3020

31168 Learning Lane  
Lewes, DE 19958  
Phone: (302) 645-5338

**DGS, Melora Lucas**

1213 Delaware Avenue  
Wilmington, DE 19806  
Phone: (302) 652-3948

**DGS, Steven Moores, LPCMH**

Polly Drummond Office Park  
1208 Drummond Plaza, Building 1,  
Suite 1208  
Newark, DE 19711  
Phone: (302) 455-9333

**DGS cont.**

900 Health Services Dr.  
Seaford, DE 19973  
Phone: (302) 262-3505  
Website: www.delawareguidance.org

**Steve K. D. Eichel, Ph.D., ABPP**

409 Nottingham Road  
Newark, DE 19711  
Phone: (302) 368-9136  
Website: www.dreichel.com

**Robert B Gray Counseling**

Christ centered biblically based  
counseling  
P.O. Box 3  
Houston, DE 19954  
Phone: (302) 422-7784

**Harmonious Minds**

5189 W. Woodmill Drive  
Wilmington, DE 19808  
Phone: (302) 633-6001  
Website: www.harmoniousmind.com

**Integrated Therapy Services**

10605 Concord Street, Suite 100  
Kensington, MD 20895  
Phone: (301) 962-0800  
Website: www.its-palss.com/index.html

**Michelle K. Kery, LPCMH**

**Mobile Therapist**  
PO Box 7334  
Wilmington, DE 19803  
Phone: (302) 494-3078  
Website: mkcounselors.org

**Dr. Frederick Kurz**

**Evaluations only**  
1601 Delaware Avenue, Suite 32B  
Wilmington, DE 19806  
Phone: (302) 661-2328

**Mid Atlantic Behavioral Health**

**Traci Bolander, PsyD**

910 S. Chapel Street, Ste. 102

Newark, DE 19713

Phone: (302) 224-1400

Website: [www.midatlanticbh.com](http://www.midatlanticbh.com)

**Mind and Body Consortium**

1151 Walker Road

Dover, DE 19904

Phone: (302) 674-2380

115 N. Walnut Street

Milford, DE 19963

Phone: (302) 424-1322

212 Carter Drive, Suite D

Middletown, DE 19709

Phone: (302)378-2522

Website: [www.mindandbody.com](http://www.mindandbody.com)

**People's Place Counseling Center**

**Kristin Robust, Ph. D, Sheryl Winsby,**

**Ph. D, Stuart Johnson, LPCMH**

1129 Airport Rd

Milford, DE 19963

Phone: (302) 422-8026

Website: [www.peoplesplace2.com](http://www.peoplesplace2.com)

**Pike Creek Psychological**

**Kim Champion**

8 Polly Drummond Hill Road

Newark, DE 19711

Phone: (302)738-6859

Website: [www.pikecreekpsych.com](http://www.pikecreekpsych.com)

**Supporting Kidds**

For the loss of a close relative

1213 Old Lancaster Pike

Hockessin, DE 19707

Phone: (302) 235-5544

Website: [www.supportingkidds.org](http://www.supportingkidds.org)

**Recreation and Camps**

**Acting Antics Art Center**

3 Ravine Road  
Malvern PA 19355  
Phone: (610) 942-4219  
Website: [www.actingantics.org](http://www.actingantics.org)

**American Camping Association**

5000 State Road 67 North  
Martinsville, IN 46151  
Toll-free: (800) 428-2267  
Website: [www.acacamps.org](http://www.acacamps.org)

**Asperger's Alliance, Inc.**

Ann Negstad, Program Manager  
2880 Summit Bridge Rd.  
Bear, DE 19701  
Phone: (302) 454-1814  
Website:  
<http://www.aspergersalliancedelaware.com/>

**Autism Delaware Teen/Tween Game Night**

924 Old Harmony Rd., Suite 201  
Newark, DE 19713  
Phone: (302) 224-6020  
Website: [www.delautism.org](http://www.delautism.org)

17517 Nassau Commons Blvd., Unit 1  
Lewes, DE 19958  
Phone: (302) 644-3410  
Website: [www.delautism.org](http://www.delautism.org)

**Autism Delaware, Summer Beach Camp** (held at the Children's Beach House)

17517 Nassau Commons Blvd., Unit 1  
Lewes, DE 19958  
Phone: (302) 644-3410  
Website: [www.delautism.org](http://www.delautism.org)

**Ava's Angels**

Dance camp for children with autism  
TADA  
18 SW Front St.  
Milford, DE  
Phone: (302) 448-9445

**Best Buddies Delaware**

1401 Pennsylvania Avenue, Suite 104

Wilmington, DE 19806  
Phone: (302) 691-3187  
Website: [www.bestbuddiesdelaware.org](http://www.bestbuddiesdelaware.org)

**Bowlerama**

Has league bowling that accepts individuals with disabilities  
3031 New Castle Ave.  
New Castle, DE 19720  
Phone: (302) 654-0263

**Brandywine Social Club (adult)**

meets at Brandywine Hundred Library  
1300 Foulk Rd.  
Wilmington, DE 19803  
Phone: (302) 477-3150

**Camp Atlantic (camp held in Bethany Beach, Delaware)**

P.O. Box 7273  
McLean, Virginia 22106  
Phone: (703) 863-9485  
Website: [www.campatlantic.org](http://www.campatlantic.org)

**Camp Fairlee Manor**

Sally Price, Camp Director,  
22242 Bay Shore Rd  
Chestertown, MD 21620  
Phone: (410) 778-0566  
Website: [www.easterseals.com/de/our-programs/camping-recreation/](http://www.easterseals.com/de/our-programs/camping-recreation/)

**Camp Greentop**

The League for People with Disabilities, Inc.  
1111 E. Cold Spring Lane  
Baltimore, MD 21239  
Phone: (410) 323-0500 ext. 309  
Website: [www.leagueforpeople.org](http://www.leagueforpeople.org)

**Camp Helping Hands, Inc. (adult)**

415 Hoffmansville Road  
Bechtelsville, PA 19505  
Phone: (610) 754-6491  
Website: [www.helpinghandsinc.com](http://www.helpinghandsinc.com)

**Camp Huntington**

For children and young adults  
56 Bruceville Road  
High Falls, NY 12440

Phone: (855)707-2267  
Website: [www.camphuntington.com](http://www.camphuntington.com)

**Camp Manito**

700 A River Road  
Wilmington, DE 19809  
Phone: (302) 764-2400  
Website: [www.ucpde.org/summer-camps](http://www.ucpde.org/summer-camps)

**Camp Lenape**

3249 Midstate Road  
Felton, DE 19943  
Phone: (302) 335-5626  
Website: [www.ucpde.org/summer-camps](http://www.ucpde.org/summer-camps)

**Camp Lee Mar**

450 Route 590  
Lackawaxen, PA 18435  
Phone: (570)685-7188  
Website: <http://www.leemar.com/>

**Camp Sunrise at the Warwick Center**

For ages 8-55  
62 Warwick Center Road  
PO Box 349  
Warwick, NY 10990  
Phone: (845) 986-1164  
Website: [www.campwarwick.com](http://www.campwarwick.com)

**Carousel Connections**

P.O.Box 36665  
Philadelphia, PA 19107  
Phone: (215) 948-2527  
Website:  
[www.carouselconnections.com](http://www.carouselconnections.com)

**Challenger League a division of Little League International**

Camden-Wyoming LL  
Phone: (302) 363-5416  
Email: [MattKnight.cwll@gmail.com](mailto:MattKnight.cwll@gmail.com)

Lower Sussex LL

Phone: (302) 539-3711  
Email: [lsll.tracy@gmail.com](mailto:lsll.tracy@gmail.com)

**Challenger League cont.**

Milford LL  
Phone: (302) 339-2156  
Email: [rsp43@comcast.net](mailto:rsp43@comcast.net)

MOT LL

Contact: Lisa Johannsen, Challenger  
Division Coordinator  
Phone: (302) 270-5082  
Website: [www.motll.com](http://www.motll.com)

Newark National LL

Phone: (302) 824-6460  
Email: [nnullpresident@gmail.com](mailto:nnullpresident@gmail.com)

**Challenger Football  
City of Dover Recreation**

Contact: Steve Pickering  
Phone: (302) 674-7541

**Charis Hills Camps**

Physical Address:  
498 Faulkner Rd.  
Sunset, TX 76270  
Phone: (940)964-2145  
Website: [www.charishills.org](http://www.charishills.org)

**Children's Beach House**

(non-autism-specific camps)  
1800 Bay Ave.  
Lewes, DE 19958  
Phone: (302) 645-9184  
Website: [www.cbhinc.org](http://www.cbhinc.org)

**Delaware Arts Conservatory**

723 Rue Madora #4  
Bear, DE 19701  
Phone: (302) 595-4160  
Website:  
[http://www.delarts.com/Delaware\\_Arts\\_Conservatory/Home.html](http://www.delarts.com/Delaware_Arts_Conservatory/Home.html)

**Delaware Rush Soccer Club  
TopSoccer**

740 Evanson Road  
Hockessin, DE 19707  
Phone: (302) 234-1444  
Website: [www.delawarerush.com](http://www.delawarerush.com)  
(search Topsoccer)

**Dragonfly Forest, Inc.**

1100 E. Hector Street, Suite 333  
Conshohocken, PA 19428  
Phone: 610-298-1820  
Website: [www.dragonflyforest.com](http://www.dragonflyforest.com)



**Girl Scouts of Chesapeake Bay**

225 Old Baltimore Pike  
Newark, DE 19702  
Phone: (302) 456-7150  
Website: <http://www.gscb.org/>

**Keenote Music**

18890 Johnson Rd.  
Lincoln, DE 19960  
Phone: (302) 422-0222  
Website: [www.makingmusic.com](http://www.makingmusic.com)

**Kirkwood Soccer Club**

TOPSOCCER  
Email: [ksc@kirkwoodsoccer.org](mailto:ksc@kirkwoodsoccer.org)  
Phone: (302) 322-4220  
Website: [www.kirkwoodsoccer.org](http://www.kirkwoodsoccer.org)  
TopSoccer under program button

**Mahato Karate School**

727 Naamans Rd  
Claymont, DE 19703  
Phone: (302) 475-8707  
Website: [www.mahatokarate.com](http://www.mahatokarate.com)

**Mary Campbell Center**

Karleen O'Brien, Director of Children  
and Youth  
4641 Weldin Road  
Wilmington, DE 19803  
Phone: (302) 762-6025 ext. 153  
Website: [www.marycampbellcenter.org](http://www.marycampbellcenter.org)

**Nature Jams**

131 Winslow Rd.  
Newark, DE 19711  
Phone: (302)894-7954  
Website: [www.naturejams.net](http://www.naturejams.net)

**The Pennsylvania Lions Beacon  
Lodge Camp**

114SR 103 South  
Mount Union, PA 17066  
Phone: (814) 542-2511  
Website: [www.beaconlodge.com](http://www.beaconlodge.com)

**Special Olympics/Camp Barnes**

619 South College Avenue  
Newark, DE 19716

**Yoon's Martial Arts**

1111 South Dupont Highway

Phone: (302) 831-3481

Website: [www.sode.org](http://www.sode.org)

**Summit Camp**

Contact for a packet of info  
168 Duck Harbor Road  
Honesdale, PA 18431  
Phone: (973) 732-3230  
Website: [www.summitcamp.com](http://www.summitcamp.com)

**Surfer's Healing**

Castle in the Sand Hotel  
37<sup>th</sup> Street  
Ocean City, MD 21842  
Phone: (410) 913-8983-Woody German  
Website: [www.surfershealing.org](http://www.surfershealing.org)

**The Edge Martial Arts Academy**

622 Mulberry St.  
Milton, DE 19968  
Phone: (302) 242-5891  
Website:  
<http://www.theedgeacademyma.com/>

**Totally Awesome Players**

Delaware Theatre Company  
Allie Steele, Asst. Director of Education  
Phone: (302) 594-1104 x249  
Website:  
[www.delawaretheatre.org/totally-  
awesome-players](http://www.delawaretheatre.org/totally-awesome-players)

**Wellness G.I.F.T.S.**

Sheri Jessery, Executive Director  
7531 County Route 13  
Bath, NY 14810  
Phone: (607)776-3737, ext.2  
Website: [www.giftsretreats.com](http://www.giftsretreats.com)

**YMCA of Delaware**

**Locations in Bear, Brandywine  
Hundred, Dover, Newark, Rehoboth  
Beach, Wilmington**

Website: [www.ymcade.org](http://www.ymcade.org)

Dover, DE 19901  
Phone: (302) 734-4429  
Website: [www.yoonsma.com](http://www.yoonsma.com)

## **Religious Resources**

**Bethany Baptist Church**  
410 Denver Rd

Wilmington, DE 19804  
Phone: (302) 994-1303  
Webstite: [www.bethanydelaware.org](http://www.bethanydelaware.org)

**Gateways: Access to Jewish Education**

Jewish special education resources  
333 Nahanton St.  
Newton, MA 02459  
Phone: (617) 630-9010  
Website: <http://jgateways.org/>

**Grace Lutheran Church**

2033 Graves Rd.  
Hockessin, DE 19707  
Phone: (302) 239-6481  
Website: [www.glcde.org](http://www.glcde.org)

**Lutheran Church of the Good Shepherd**  
1530 Foulk Rd.

Wilmington, DE 19803  
Phone: (302) 478-3030  
Website: <http://www.goodshepherd-wilmington.org/>

**Seaside Church**

Meets in Lewes Senior Center  
PO Box 443  
Lewes, DE  
Phone: (302) 542-9783  
Website: [www.seasidechurch.us/](http://www.seasidechurch.us/)

**The Journey**

721 E.Chestnut Hill Road  
Newark, DE 19713  
Phone: (302)738-2892  
Website: <http://yourjourney.tv/>

**Unitarian Universalists of Central Delaware**

340 N. Queen St.  
(at Congregation Beth Sholom)  
Dover, DE 19901  
Phone: (302) 233-7754  
Website: [www.uucd.org/](http://www.uucd.org/)

**Willowdale Chapel**

675 Unionville Rd.  
Kennett Square, PA 19348  
Phone: (610) 444-2670  
Website: [www.willowdalechapel.org](http://www.willowdalechapel.org)

**Respite**

**Absolute Home Health**

Private pay only CNAs

46 Sabre Court  
Newark, DE 19702  
Phone: (302) 369-1050

31039 Country Gardens Blvd. Suite E2  
Dagsboro, DE 19939  
Phone: (302) 732-6068  
Website: [www.absolutehomehealth.net](http://www.absolutehomehealth.net)

**Addus Healthcare, Inc.**

Adult only  
Private pay available as well as  
programs through the Div. of Aging  
New Castle County  
Phone: (302) 995-9010  
Kent and Sussex County  
Phone: (302) 424-4842  
Website: [www.addus.com](http://www.addus.com)

**Advoserv**

4185 Kirkwood-St. Georges Road  
Bear, Delaware 19701  
Phone: (302)834-7018  
Website:  
[www.advoserv.com/delaware.html](http://www.advoserv.com/delaware.html)

**Camp Fairlee Manor**

22242 Bay Shore Rd  
Chestertown, MD 21620  
Phone: (410) 778-0566  
Website: [www.de.easterseals.com](http://www.de.easterseals.com)

**Camp Geronimo**

**The Barn at Spring Brook Farm**  
P.O. 92 • Pocopson, PA 19366  
Phone: (610) 793-1037  
Website: <http://www.springbrook-farm.org/index.html>

**Camp Greentop**

The League for People with Disabilities,  
Inc.  
1111 E. Cold Spring Lane  
Baltimore, MD 21239  
Phone: (410) 323-0500 ext. 309  
Website: [www.leagueforpeople.org](http://www.leagueforpeople.org)

**Camp Helping Hands, Inc.**

For folks 21 and older  
415 Hoffmansville Road  
Bechtelsville, PA 19505

Phone: (610) 754-6491  
Website: [www.helpinghandsinc.com](http://www.helpinghandsinc.com)

**Summit Camp**

Contact for a packet of info  
168 Duck Harbor Road  
Honesdale, PA 18431  
Phone: (973) 732-3230  
Website: [www.summitcamp.com](http://www.summitcamp.com)

**Delaware Lifespan Respite Care Network**

Easter Seals Delaware & Maryland  
Eastern Shore  
61 Corporate Circle  
New Castle, DE 19720  
Phone: (302) 221-2087  
Phone: (800) 677-3800  
Website: [www.delrespite.com](http://www.delrespite.com)

**Easter Seals**

**Saturday Respite Program**

61 Corporate Circle  
New Castle, DE 19720-2405  
Phone: (302)324-4444

22317 DuPont Blvd

Georgetown, DE 19947  
Phone: (302) 253-1100  
Website: [www.de.easterseals.com](http://www.de.easterseals.com)

**Relative Respite**

(50 years and older providing the  
majority of care for children 17 and  
younger)  
Provides relief for relative caregivers by  
helping them find, and pay for, short  
term, occasional child care.  
Contact: Debra Renz  
Phone: (800) 220-3092 or  
(302) 777-9757  
Website: [www.cffde.org/](http://www.cffde.org/)

**Mary Campbell Center**

Not 1:1 program, not for those who  
would wander out of a building or who  
have behavioral issues  
4641 Weldin Road  
Wilmington, DE 19803

Phone: (302) 762-6025  
Website: [www.marycampbellcenter.org](http://www.marycampbellcenter.org)

**Senior Care of Newark**

Adult day care  
200 White Chapel Drive  
Newark, DE 19713  
Phone: (302) 533-3543

**Sussex County Senior Services, Inc.**

546 S. Bedford Street  
Georgetown, DE 19947  
Phone: (302) 856-5187  
Website: [www.cheerde.com](http://www.cheerde.com)

**United Cerebral Palsy (UCP) of Delaware**

700A River Road  
Wilmington, DE 19809-2746  
Phone: (302) 764-2400  
Website: [www.ucpde.org](http://www.ucpde.org)

**Support and Advocacy**

**Arc of Delaware**

2 South Augustine Street, Suite B

Wilmington, DE 19804  
Phone: (302) 996-9400

PO Box 562  
Dover, DE 19901  
Phone: (302) 736-6140  
Website: [www.thearcofdelaware.org](http://www.thearcofdelaware.org)

**Asperger's Syndrome Support Group**

(online)  
Website:  
[www.dailystrength.org/c/Asperger-Syndrome/support-group](http://www.dailystrength.org/c/Asperger-Syndrome/support-group)

**Autism Delaware**

924 Old Harmony Road, Suite 201  
Newark, DE 19714  
Phone: (302) 224-6020

17517 Nassau Commons Blvd., Unit 1  
Lewes, DE 19958  
Phone: (302) 644-3410  
Website: [www.autismdelaware.org](http://www.autismdelaware.org)

**Autism Speaks**

1 East 33<sup>rd</sup> Street 4<sup>th</sup> Floor  
New York, NY 10016  
Phone: (212) 252-8584  
Website: [www.autismspeaks.org](http://www.autismspeaks.org)

**Autism Society of America**

4340 East-West Hwy, Suite 350  
Bethesda, MD 20814  
Phone: (800) 328-8476  
Website: [www.autism-society.org](http://www.autism-society.org)

**Autism Support Group** (online)

Website:  
[www.dailystrength.org/c/Autism-Autism-Spectrum/support-group](http://www.dailystrength.org/c/Autism-Autism-Spectrum/support-group)

**Community Legal Aid Society  
Disability Law Program**

100 W. Tenth Street, Suite 801  
Wilmington, DE 19801  
Phone: (800) 292-7980 or  
(302) 575-0699

**DLP cont.**

840 Walker Road  
Dover, DE 19904  
Phone: (800) 537-8383

(302)674-8503

Georgetown Professional Park  
20151 Office Circle  
Georgetown, DE 19947  
Phone: (800) 462-7070  
(302)856-3742  
Website:  
[www.declasi.org/index.php/disabilities-law-program](http://www.declasi.org/index.php/disabilities-law-program)

**Delaware Parents Association, Inc.**

101 W. Loockerman St., Suite 3A  
Dover, DE 19904  
Phone: (302) 678-9288  
Website: [www.delparents.org](http://www.delparents.org)

**Delaware State Parent Advisory  
Council**

Phone: (302) 735-4076

**Developmental Disabilities Council**

Margaret M. O'Neill Building, Suite 2  
410 Federal St., 2<sup>nd</sup> Floor  
Dover, De. 19901  
Phone: (302) 739-3333  
Website: [www.ddc.delaware.gov](http://www.ddc.delaware.gov)

**Educational Surrogate Parent  
Program**

6 Larch Ave., Suite 404  
Larch Corporate Center  
Wilmington, DE 19804  
Phone: (302) 999-7394  
Website: [picofdel.org/services/educational-surrogate-parent-program](http://picofdel.org/services/educational-surrogate-parent-program)

**Epilepsy Foundation of Delaware**

240 N. St. James Street, Suite 104  
Newport, DE, 19804  
Phone: (302) 999-9313  
Website: [www.efde.org](http://www.efde.org)

**Equal Employment Opportunity  
Commission**

801 Market Street, Suite 1300  
Philadelphia, PA 19107-3127  
Phone: (800) 669-4000  
Website: [www.eeoc.gov](http://www.eeoc.gov)

**Family Advocacy Program Dover AFB**

300 Tuskegee Blvd.  
Dover Air Force Base, Building 317  
Dover Air Force Base, DE 19902-5263  
Phone: (302) 677-2711  
Website: [www.military.com/base-guide/dover-air-force-base/base-directory-search/family\\_life\\_parenting](http://www.military.com/base-guide/dover-air-force-base/base-directory-search/family_life_parenting)

**Family Voices**

222 Philadelphia Pike, Suite 11  
Wilmington, DE 19809  
Phone: (302) 669-3030  
Website:  
[www.delawarefamilytofamily.org](http://www.delawarefamilytofamily.org)

**Governor's Advisory Council for Exceptional Citizens (GACEC)**

George V. Massey Station  
516 W. Loockerman Street  
Dover, DE 19904  
Phone: (302) 739-4553  
Website: <http://gacec.delaware.gov/>

**GRASP**

To improve and enrich the lives of adolescents and adults on the autism spectrum, and their families through, community advocacy & outreach, education, peer supports, programming and services, at no cost to its members.  
419 Lafayette Street  
New York, NY 10003  
Phone: (888) 474-7277  
Website: <http://grasp.org>

**Independent Resources, Inc.**

Two Fox Point Centre  
6 Denny Road, Suite 101  
Wilmington, DE 19809  
Phone: (302) 765-0191

**Independent Resources, Inc.**

1609 – A Middleford Road  
Seaford, DE 19973

**Parent Information Center of Delaware, Inc**

404 Larch Circle  
Wilmington, DE 19804

Phone: (302) 536-1387

154 South Governor's Avenue  
Dover, DE 19904  
Phone: (302) 735-4599  
Website: [www.iri-de.org](http://www.iri-de.org)

**Mid Atlantic ADA Center**

401 North Washington Street, Suite 450  
Rockville, MD 20850  
Phone: (800) 949-4232  
Website: [www.adainfo.org](http://www.adainfo.org)

**New Directions**

Depression support group  
Aldersgate Church  
2313 Concord Pike  
Wilmington, DE 19803-2911  
Phone: (302) 286-1161  
Website:  
[www.newdirectionsdelaware.org](http://www.newdirectionsdelaware.org)

**Parents as Teachers**

Christina School District  
200 Tyre Avenue  
Newark, DE 19711  
Phone: (302) 454-5955

Kent & Sussex Counties  
100 W. Mispillion & S. West Street  
Harrington, DE 19952  
Phone: (302) 398-8945

New Directions Early Head Start  
321 S. College Avenue  
Newark, DE 19716  
Phone: (302) 831-0469

Parents As Teachers  
c/o Polytech School District  
Polytech Adult Education  
823 Walnut Shade Road  
P.O. Box 102  
Woodside, DE 19980-0097  
Phone: (302) 697-4545

Phone: (302)999-7394

Kent/Sussex Office  
13 Brigdeville Road

Georgetown, DE 19947  
Phone: (302)856-9880  
Website: [www.picofdel.org](http://www.picofdel.org)

**State Council for Persons with Disabilities**

Margaret O'Neill Building  
410 Federal Street, Suite 1  
Dover DE 19901  
Phone: (302) 739-3620  
Website: [www.scpd.delaware.gov/](http://www.scpd.delaware.gov/)

**Supporting KIDDS (a subsidiary of Children and Families First)**

1213 Old Lancaster Pike  
Hockessin, DE 19707  
Phone: (302) 235-5544

Website: [www.supportingkidds.org](http://www.supportingkidds.org)

**Talk About Curing Autism (TACA) local chapter**

Saint Alban's Episcopal Church  
3625 Chapel Road  
Newtown Square, PA 19073  
Phone: (949) 640-4401  
Website: [www.tacanow.org](http://www.tacanow.org)

**Tourette Syndrome Association of Delaware**

112 East Kilts Ln.  
Middletown, DE 19709  
Phone: (302) 547-6306  
Website: [www.tourettedelaware.org](http://www.tourettedelaware.org)

**YMCA Resource Center of Delaware**

1000 North Walnut Street  
Wilmington, DE 19801  
Phone: (302) 472-YMCA  
Website: [www.ymcade.org](http://www.ymcade.org)

**Pivotal Response Training**

Website: <http://www.autismprthelp.com/>



## **Therapies -Occupational, Speech, Physical, Music, etc** (includes alternative therapies)

### **A.I. du Pont Children's Hospital**

#### **Alyssa Paranto-OT**

1600 Rockland Road  
Wilmington, DE 19803  
Phone: (302) 651-4354  
Website:  
[www.nemours.org/service/medical/therapy.html](http://www.nemours.org/service/medical/therapy.html)

### **All the Difference**

4001 Miller Road, 1st Floor  
Wilmington DE 19802  
Phone: (302) 478-0600  
Website: [www.allthedifference.org](http://www.allthedifference.org)

### **Bayada Nurses Pediatric Home Care Specialists**

See medical/nursing

### **Brandywine Occupational Therapy, LLC**

**Lauren Janusz, MOT, OTR/L, HPCS**  
800 Carr Rd.  
Wilmington, DE 19809  
Phone: (302) 740-4798

### **Central Delaware Speech-Language Pathology, Inc.**

#### **Kati Capitan Andersen**

1326 South Governors Avenue, Suite C  
Dover, DE 19904  
Phone: (302) 674-3350  
Website: <http://www.cdslp.net/>

### **Children's Hospital of Philadelphia**

**Seashore House-2<sup>nd</sup> floor**  
34<sup>th</sup> and Civic Center Blvd.  
Philadelphia, PA 19104  
Phone: (215) 590-5819

### **Christiana Care – Springside Plaza**

Connor Building  
300 Biddle Ave.  
Newark, DE 19702  
Phone: (302) 838-4700

### **Comfort Caring Canines Therapy Dogs, Inc.**

2701 Valley Woods Road  
Hatfield, PA 19440  
Website: [www.comfortcaringcanines.org](http://www.comfortcaringcanines.org)

### **Dynamic Physical Therapy**

774 Christiana Road, Suite 2  
Newark, DE 19713  
Phone: (302) 368-4841  
Website: [www.dynamicpt.com](http://www.dynamicpt.com)

### **Easter Seals DE & MD Eastern Shore**

61 Corporate Circle, Corporate Commons  
New Castle, DE 19720  
Phone: (302) 324-4444

100 Enterprise Place, Suite 1  
Dover, DE 19904  
Phone: (302) 678-3353

22317 DuPont Blvd.  
Georgetown, DE 19947  
Phone: (302) 253-1100  
Website: [www.de.easterseals.com](http://www.de.easterseals.com)

### **Faithful Friends Animal Society**

12 Germay Drive  
Wilmington DE 19804  
Phone: (302) 427-8514  
Website: <http://www.faithfulfriends.us/>

### **Henlopen Music Therapy**

#### **Jeremy Elder, MA, MT-BC**

Lewes, DE 19958  
Phone: (302) 593-7784

### **The Music School of Delaware Music Therapy**

4101 Washington Street  
Wilmington, DE 19802  
Phone: (302) 762-1132

10 South Walnut Street  
Milford, DE 19963  
Phone: (302) 422-2043  
Website: [www.wilmingtonmusic.org](http://www.wilmingtonmusic.org)

**Nurses N Kids**

904 Churchman's Road Ext.  
New Castle, DE 19720  
Phone: (302) 323-1118

705 North Street Ext.  
Milford, DE 19963  
Phone: (302) 424-1770  
Website: [www.nursesnkids.com](http://www.nursesnkids.com)

**OPT** (serves folks up to age 21)  
2502 Silverside Rd  
Wilmington, DE 19810  
Phone: (302) 478-3702

**PAWS for People™**

P.O. Box 9955  
Newark, DE 19714  
Phone: (302) 351-5622 ext. 103  
Website: <http://www.pawsforpeople.org/>

**Prompt and Play**

5157 W. Woodmill Dr., Suite 16  
Wilmington, DE 19808  
Phone: (302) 691-5658  
Website: [www.promptandplay.com](http://www.promptandplay.com)

**RP Home Care of Delaware**

908B New Churchmans Road Extension  
New Castle, DE 19720  
Phone: (302) 323-1436  
Website: [www.rphomecare.com](http://www.rphomecare.com)

**Quest Therapeutics**

461 Cann Road  
West Chester, PA 19382  
Phone: (610) 692-6362  
Website: [www.questtherapeutic.com](http://www.questtherapeutic.com)

**Sensational Kids**

Sensorimotor play & learning for kids  
544 Lippincott Drive  
Marlton, NJ 08053  
Phone: (856) 589-4224  
Website: [www.iamasensationalkid.com](http://www.iamasensationalkid.com)

**Sunny Days**

300 Corporate Center Dr.  
Manalapan, NJ 07726  
Phone: (610) 449-1600 x 122  
Website: [www.sunnydays.com](http://www.sunnydays.com)

**Tempo Music Therapy Services**

7 North Five Points Road  
West Chester, PA 19380  
Phone: (610) 344-7030  
Website: [www.tempotherapy.com](http://www.tempotherapy.com)

**The Jungle Gym**

1418 S. State St.  
Dover, DE 19901  
Phone: (302) 734-1515  
Website: [www.thejunglegymrehab.com](http://www.thejunglegymrehab.com)

**The Speech Clinic**

5147 West Woodmill Drive, Suite 21  
Wilmington, DE 19808  
Phone: (302) 999-0702  
Website: [www.speechclinicinc.com](http://www.speechclinicinc.com)

**Theraplay Inc.**

638 Brandywine Parkway  
West Chester, PA 19380  
Phone: (610) 436-3600  
Website: [www.theraplayinc.com](http://www.theraplayinc.com)

**Therapy Works for Kids**

101 West Chester Pike, Suite 1B  
Havertown, PA 19083  
Phone: (610) 449-3580  
Website: [www.twfk.net](http://www.twfk.net)

**University of Delaware – Department of Physical Therapy**

540 S. College Avenue, Suite 160  
Newark, DE 19713  
Phone: (302)831-8893

## **Therapeutic Riding and Hippotherapy**

### **Carousel Park & Equestrian Center**

New Castle County Carousel Park  
3700 Limestone Rd.  
Wilmington, DE 19808  
Phone: (302) 995-7670  
Website: <http://nccde.org/429/Riding-Programs>

### **C-line Stables**

3491 Harris Road  
Townsend, DE  
Phone: (302) 376-9594  
Website: <http://www.c-linestables.com/>

### **Hearts, Hands and Horses 4-H Club at Wellspring Farm**

Located in Bellevue State Park  
800 Carr Rd.  
Wilmington, DE 19809  
Phone: (302) 798 2407  
Website: [www.Wellspringfarm.us.com](http://www.Wellspringfarm.us.com)

### **Quest Therapeutics**

461 Cann Road  
West Chester, PA 19382  
Phone: (610) 692-6362  
Website: [www.questtherapeutic.com](http://www.questtherapeutic.com)

### **Raise Your Dreams Farm**

328 East Lake Road  
Woodstown, NJ 08098  
Phone: (856) 769-3722  
Website:  
[www.raiseyourdreamsfarm.com](http://www.raiseyourdreamsfarm.com)

### **Reins of Life**

113 Crestwood Road  
Landenberg, PA 19350  
Phone: (610) 274-3300  
Website: <http://reinsoflife.com/cms/>

### **Southern Delaware T.R.H.R.**

17170 Harbeson Road (Route 5)  
Milton, DE 19968  
Phone: (302) 644-1920  
Website: [www.sdtrhr.com](http://www.sdtrhr.com)

### **Summer Winds Stables**

12430 Coopers Lane  
Worton, MD 21678  
Phone: (302) 382-4709  
Website:  
[www.summerwindsstables.com](http://www.summerwindsstables.com)

### **Sunset Stables**

1030 Howell School Rd.  
Bear, DE 19701  
Phone: (302) 834-7588  
Website: [www.sunsetstable.com/](http://www.sunsetstable.com/)

### **The CENTER for Therapeutic and Educational Riding, Inc.**

3491 Harris Road  
Townsend, DE 19734  
Phone: (302) 376-9594  
For adult classes  
Phone: (302) 545-3345  
Website:  
[www.thecenterfortherapeuticriding.com](http://www.thecenterfortherapeuticriding.com)

## **Transportation**

There are two types of public transportation available throughout the State of Delaware:

- Fixed Route Service (regular city buses)
- ADA Paratransit Service (door to door) for those whose disability prevents them from using a fixed route service.

An application process must be completed to determine if you qualify for paratransit services. To receive an application call (800) 652-DART (3278) option 3 or visit [www.dartfirststate.com](http://www.dartfirststate.com).

Travel training is also available through DART First State by contacting the number listed above.

### **New Freedom Transportation Generations Home Care, Inc.**

Service is available any time, with a focus on evenings, weekends, and holidays when DART public transportation service is not available.

New Castle County

Phone: (302) 276-1466

Kent County

Phone: (302) 734-7005

Sussex County

Phone: (302) 856-7774

## **Information and Referral**

**Online Documents: You can find these informative papers on the Autism Speaks website – [www.autismspeaks.org](http://www.autismspeaks.org)**

- ⌘ A Guide to the Individualized Education Program
- ⌘ Addressing Student Problem Behavior- Conduction a Functional Analysis
- ⌘ An IEP Team's Introduction to Functional Behavioral Assessment and Behavioral Intervention Plans
- ⌘ Autism and Early Childhood Development
- ⌘ Autistic Spectrum Disorders Best Practice
- ⌘ Creating Positive Behavioral Intervention Plans and Support
- ⌘ Disability Harassment in Public Schools
- ⌘ Discipline of Special Education Students under IDEA 2004
- ⌘ Educating Children with Autism
- ⌘ First 100 Days Kit
- ⌘ Funding Education Beyond High School
- ⌘ Guide to Preventing Harassment and Hate Crimes
- ⌘ IDEA Toolkit for Private School Placement
- ⌘ Identification of Learning Disabilities
- ⌘ Prevention Research & the IDEA Discipline Provisions
- ⌘ State of Learning Disabilities
- ⌘ Students with Disabilities Preparing for Postsecondary Education: Know Your Rights and Responsibilities
- ⌘ Understanding the Standards-based Individualized Education Program

## **Books/Videos/Websites**

The **Autism Society of North Carolina (ASNC)** has an extensive book list covering the following topics:

(To access a complete book list, please visit the ASNC Bookstore at <http://www.autismbookstore.com>)

[Adolescence & Adulthood](#)

[Artists On the Autism Spectrum](#)

[Assessment](#)

[Autism Spectrum Disorder](#)

[\(General\)](#)

[Behavior](#)

[Children's Books](#)

[Communication & Language](#)

[Dual Diagnosis & Mental Health](#)

[Education](#)

[Fiction \(Young Adult & Adult\)](#)

[For Practitioners](#)

[Titles in Spanish](#)

[Functional Living Skills](#)

[Grief & Loss](#)

[Interventions & Treatments](#)

[Law Enforcement & Safety](#)

[Leisure & Recreation](#)

[Nonverbal Learning Disorder](#)

[Parenting](#)

[Personal & Family Accounts](#)

[Sensory Issues](#)

[Sibling Issues](#)

[Social Skills](#)

[Software](#)

[Videos & DVDs](#)

### **Autism New Jersey Publications**

Autism New Jersey offers several publications, some are free and some have a small fee. For example, they publish “ **Applied Behavior Analysis and Autism (ABA): An Introduction**-This book is intended for those parents and professionals who want an overview of ABA. Readers can expect a description or definition of the topic, examples from everyday settings, and references for further information. \$10 per copy”.

Website: <http://www.autismnj.org/publications>

Phone: 1-800-4-AUTISM

### **The Autism Asperger Publishing Company**

Books and multi-media on ASDs and related exceptionalities for individuals on the spectrum, their parents, families, peers, educators and other professionals. They offer practical solutions that translate research into practice at affordable prices. Books and other materials are designed to promote awareness and acceptance of children, adolescents and adults with ASD as well as provide ready-to-use information

Phone: (877) 277-8254

Website: [www.aapcpublishing.net](http://www.aapcpublishing.net)

### **Jessica Kingsley Publishers**

Independent publishers of accessible books that make a difference. Publish in a range of areas including education, social work, and art therapies.

Phone: (866) 416-1078

Website: [www.jkp.com](http://www.jkp.com)

### **Future Horizons**

Books, DVDs, and Conferences on Autism and Asperger's Syndrome

Phone: (800) 489-0727

Website: [www.fhautism.com](http://www.fhautism.com)

**OAR – Organization for Autism Research**

Booklets, DVD's, and newsletter.

Website: <http://www.autismnj.org/publications>

Phone: 703.243.9710

**Social Thinking, Michelle Garcia Winner**

Books, DVDs, other products, and conferences and workshops on social thinking and social skills.

Phone: (877)464-9278

Website: [www.socialthinking.com](http://www.socialthinking.com)

**Jill Kuzma's SLP Social & Emotional Skill Sharing Site**

Ideas for Educators Supporting Social/Emotional Language Skills

Website: <http://jillkuzma.wordpress.com>

**Books That Heal Kids**

Book reviews on a wealth of topics

Website: [www.booksthathealkids.blogspot.com](http://www.booksthathealkids.blogspot.com)

**Learning Works for Kids**

Learning Works for Kids was founded on the principle that popular video games and other digital media, when used mindfully and responsibly, can be powerful tools for sharpening and improving children's academic performance and cognitive Thinking Skills.

Website: [www.learningworksforkids.com](http://www.learningworksforkids.com)

**Bed Time Stories**

Short stories with values

Website: <http://freestoriesforkids.com>

## **Autism Questionnaire**

**To: Parents of Preschoolers with Autism**  
**from: Lisa Nelson, M.A., CCC/SLP**

***Autistic Spectrum Disorder*** is the term currently being used by many professionals to describe children who have similarities in the way they understand the world and process information. These children have difficulties in communication, social interaction and play. Labels are nothing more than a ticket to service – we do not treat labels, we treat children. Your child is more than his/her “label”, and you need to get to know his or her unique patterns of strengths and needs if you are to become an effective advocate for education, therapy and treatment services. You are the expert. You know your child best, care about his/her quality of life, and are the most important person in your child’s life. In order to help you prepare to communicate about your child with members of the interdisciplinary team (teachers, occupational therapists, physical therapists, speech pathologists, psychologists, doctors), please try to organize answers to the following questions:

**What are the most motivating things for your child** – what do they like or show an interest in? (Think about foods, toys, people, actions or activities).

**How does your child seem to learn best** – by looking and watching? By listening? By moving? Be able to describe the way you think your child learns things.

**Does your child seem to be overly-sensitive to specific things**, for example, sounds, movement, touch, light, smells, tastes? Is there something your child dislikes or avoids because he/she may be overly sensitive to it?

**When does your child seek you out to start an interaction** – when hungry, thirsty, upset, needing help? What reasons does your child want to interact with you or with others – to get attention, to show you something, to get something they want, or to express feelings?

**How does your child communicate with you** – by crying or screaming, using gestures like pointing, pushing or pulling you, looking at wanted items, making sounds, pointing to objects or pictures, saying words? There are so many ways that children communicate - both verbally (with words) and non-verbally (without saying anything - just using facial expressions, gestures, eye gaze). Try to list the ways that your child communicates with you.

**Does your child have particular dislikes or things they avoid?** It might be hard to understand what your child has strong reactions to, and why. Try to make a list of dislikes and avoidances. These can help the team figure out the “why.”



**Do you notice any unusual patterns of behavior** – doing things over and over again, repeating whatever is heard, narrow interest in play, repetitive movements?

**What does your child understand?** Can they follow directions? If so, give an example of a direction the child follows most of the time. Do you think there is a hearing problem, and if so, have you had hearing tested?

**What would you like your child to learn how to do** – in the next month, six months, and year?

**What is the most important thing you would like others to know about your child?**

## Autism-Related Problems of Connection

Lisa L. Nelson, M.A., CCC/SLP

The best way to understand a culture is to observe, interview and interact with the natives of the culture. First and foremost, we all belong to the tribe of human beings. Within our tribe, there are many sub-cultures, and people who have autistic spectrum disorders have some cultural differences that members of the non-autistic culture should be aware of.

Donna Williams, author of Autism and Sensing - The Unlost Instinct and many other books about having autism, explains problems of connection in terms of general information processing problems. She feels these problems are also at the root of the problems she refers to as *problems of tolerance* and *problems of control*.

Information processing is about taking in information from the senses and organizing it for meaning and personal significance. It is also about being able to monitor one's own actions and feelings, and monitoring what one is expressing for intention and meaning of what's expressed. It is also about accessing prior experience and knowledge to relate or respond to new information. One has to retain a grip on thoughts, feelings and experiences to be able to formulate meaningful responses to current situations. For people with autism, maintaining a grip on the present while accessing stored information and monitoring expression can be an overwhelming activity. Most of us do these things without any conscious awareness, let alone any contemplative consideration, for what it is we are doing.

**In order to help people with autism-related problems of connection, you can:**

- ⌘ **Slow down.** If the speed of incoming information is slowed, the brain has a better chance to cope with it effectively.
- ⌘ **Leave things out to speed things up.** Keep it simple. Leave out the unnecessary.
- ⌘ **Use an indirectly-confrontational approach.** Keep communication formal, detached and impersonal. Avoid emotive language and body language. Direct explanations and demonstrations to the objects or items related to that demonstration.
- ⌘ **Give REAL breaks.** No talking. No sensory bombardment.
- ⌘ **Keep things concrete,** observable, tangible and more quickly/easily able to be interpreted.
- ⌘ **Be clear.** Be concise and to the point. Use predictable ways of presenting information. Clearly and concretely indicate starts and finishes.
- ⌘ **Give extra time and extra information** to prepare for transitions.
- ⌘ **Appreciate** that people with autism often suffer from chronic stress, and be aware of how this elevated stress level can influence behavior.

- ⌘ **Be aware** of an individual's **sensory preferences** and sensory sensitivities, and understand how the environment influences information processing.
- ⌘ **Cut down** on irrelevant, excessive and distracting sensory information. Be aware that **nutrition, sleep, activity, exercise, and environment** impact functioning.

## Glossary of Terms

<p><b>ABA (Applied Behavioral Analysis):</b> A method often used to teach children with autism spectrum disorders in which environmental stimuli are manipulated in order to produce a desired response. By breaking complex skills into small steps, children can systemically learn to respond and behave in socially appropriate ways.</p>	<p><b>Adaptive Behavior:</b> the ability to adjust to new experiences, interact with new people and participate in new activities and experiences.</p>
<p><b>Adaptive equipment:</b> Furniture and other positioning support that can be used to help a child maintain comfortable and appropriate posture and functioning when sitting, standing or moving.</p>	<p><b>Americans with Disabilities Act (ADA):</b> A federal law that guarantees equal opportunity for people with disabilities in employment, public accommodation, transportation, government services and telecommunications.</p>
<p><b>Anticonvulsant:</b> Medication used to control seizures.</p>	<p><b>Articulation:</b> The ability to produce speech sounds.</p>
<p><b>Assistive and Augmentative Communications (AAC):</b> Additional materials, supports, and equipment and electronic devices that help people communicate when their spoken language is not sufficient for their needs.</p>	<p><b>Assistive Technology:</b> Electronic as well as non-electronic materials, equipment and devices designed to help people with disabilities play, learn, communicate, move around and carry out activities of dialing living at home, at school, and in the community.</p>
<p><b>Asperger's Syndrome:</b> An autism spectrum disorder characterized by aver to above-average cognitive function, deficits in communication and social language (pragmatics) and, sometimes, a limited range of interests or obsessive interest in a particular topic, such as weather, train schedules or car models.</p>	<p><b>Attention Deficit Disorder (ADD):</b> A condition referring to excessive difficulty in concentrating and focusing or extreme distractibility.</p>
<p><b>Attention Deficit Hyperactivity Disorder (ADHD):</b> The diagnostic term used to describe people who have excessive difficult in concentrating and focusing, extreme distractibility or over activity, sometimes including disruptive behavior or aggression.</p>	<p><b>Auditory memory:</b> The ability to receive information presented orally, and to interpret, store, and retrieve it.</p>
<p><b>Autism:</b> A condition marked by developmental delay in social skills, language, and behavior which is often present in children with varying degrees of severity. Baseline- The congenital level of function by a child before instruction is introduced.</p>	<p><b>Autism Spectrum Disorders:</b> Encompasses the following five disorders: Autistic Disorder, Asperger's Disorder, Childhood Disintegrative Disorder, Rett's Disorder, and Pervasive Developmental Disorder-Not otherwise specified.</p>
<p><b>Behavior Modification:</b> The use of empirically demonstrated behavior change techniques aimed to improve behaviors.</p>	<p><b>Behavioral Therapy:</b> The systematic application of behavioral theory, including the use of conditioning and reinforcements, in the treatment of a disorder.</p>

<p><b>Childhood Autism Rating Scale (CARS):</b> A test developed at TEACCH (Treatment and Education of Autistic and Related Communication-handicapped Children) to diagnose autism. A child is rated in fifteen areas of ability.</p>	<p><b>Childhood Disintegrative Disorder:</b> A rare form of pervasive developmental disorder in which normally developing children suddenly lose language and social skills after age three.</p>
<p><b>Cognition:</b> The ability to perceive, think, reason, and analyze.</p>	<p><b>Cognitive Ability:</b> An individual's intellectual ability or the aggregate skills of knowing and understanding.</p>
<p><b>Cognitive Behavioral Therapy:</b> A treatment approach combining cognitive theory and behavioral concepts, leading to behavioral changes through the understanding of how thoughts influence behaviors and learning how to change through patterns.</p>	<p><b>Comprehensive Evaluation:</b> A complete assessment of child, based on educational, psychological, social, and health status conducted by a team of professionals and complemented nu information from parents and teachers.</p>
<p><b>Congenital condition:</b> A condition existing at birth.</p>	<p><b>Convulsion:</b> The involuntary contraction and relaxation of muscles. A seizure may occur in the form of convulsions.</p>
<p><b>Cue:</b> A physical or verbal/vocal gesture that prompts a person to speak, perform an activity or behave in particular way.</p>	<p><b>Delaware Autism Program (DAP):</b></p>
	<p><b>Developmental Delay:</b> A slower rate of developmental in comparison to the majority of children of the same age.</p>
<p><b>Developmental Disability (DD):</b> A condition that prevents physical or cognitive development.</p>	<p><b>Developmental Milestone:</b> The acquisition of a skill that is associated with a certain age, e.g. sitting up; saying first words.</p>
<p><b>Diagnosis:</b> The name of the disorder identified after an evaluation.</p>	<p><b>DIR/Floortime:</b> An intervention and treatment approach developed by Stanley Greenspan, M.D., and Serena Wieder, PhD, that addresses and enhances the social, emotional and intellectual capacities of individuals with ASDs, rather than focusing on isolated behaviors. DIR stands for Developmental, Individual Differences, Relationship-Based.</p>
<p><b>Discrete Trial Training (DTT):</b> A teaching method included in, but not synonymous with, behaviorally based interventions, such as ABA. Specific skills are taught through the repetition of the following steps: presentation of task, response and reinforcement, with prompts provided if and when needed. A pause follows each sequence, indicating the beginning and ending of each cycle.</p>	<p><b>Due Process Hearing:</b> A hearing where parents present evidence that a school district is not effectively educating their child.</p>

<p><b>Dyspraxia:</b> The brain's inability to plan muscle movements and carry them out.</p>	<p><b>Ear Tubes:</b> Tiny tubes inserted in the eardrum that allow fluid to drain. Ear tubes are often recommended for babies and toddlers who get recurring ear infections.</p>
<p><b>Echolalia:</b> The involuntary and usually meaningless repetition of phrases or words just heard.</p>	<p><b>Electroencephalogram (EEG):</b> The recording of electrical impulses in the brain that can be used to diagnose some neurological conditions, such as seizures.</p>
<p><b>Epilepsy (Seizure Disorder):</b> A condition characterized by sudden, involuntary, usually brief occurrences of altered consciousness, motor activity or both.</p>	<p><b>Evaluation Criteria:</b> A component of the Individualized Education Plan (IEP). Provides a description of how the results of an IEP will determine the achievement of standard goals. Methods of obtaining the information include teacher observation, interviews with parents, and standardized tests.</p>
<p><b>Executive function:</b> The ability to plan, organize and follow through, as well as the ability to inhibit actions, delay responses, make appropriate choices and shift attention. Individuals with ASDs, learning disabilities and other neurological conditions often have deficits in executive function, which is important to the attainment of goals.</p>	<p><b>Expressive Language:</b> Any spoken language, vocalizations, gestures or other means by which a person is able to communicate.</p>
<p><b>Fine motor skills:</b> The use of one's hands for manipulating objects and performing activities.</p>	<p><b>Functional Behavioral Assessment:</b> A process based largely on observation in which problem behaviors are addressed and analyzed. Causes and functions of the behavior are identified. Then a behavior intervention plan (BIP) based on a specific, individualized profile is developed and, ideally, implemented across settings in order to minimize or stop inappropriate behaviors.</p>
<p><b>Gross Motor Skills:</b> The use of one's large muscles to move, such as walking, running, hopping and jumping.</p>	<p><b>High-functioning Autism (HFA):</b> Although not officially recognized as a diagnostic category, HFA refers to individuals with ASD's who have near-average to above-average cognitive abilities and can communicate through receptive and expressive language.</p>
<p><b>Hypersensitivity:</b> Excessive, often painful reaction to everyday auditory, visual, or tactile stimuli such as bright lights or loud noises.</p>	<p><b>Hypertonia:</b> Increased tension or stiffness in the muscles.</p>
<p><b>Hyposensitivity:</b> A marked absence of reaction to everyday stimuli.</p>	<p><b>Hypotonia:</b> Decreased tension or floppiness in the muscles.</p>

<b>Identification:</b> Evaluation of a child as a candidate for special education services. This process requires proper screening and assessment to confirm if a child has an ASD or another disorder.	<b>Inclusion:</b> The concept that students with disabilities should be integrated with their nondisabled peers; also referred to as mainstreaming.
<b>Incontinence:</b> Lack of bladder or bowel control.	<b>Independent Education Evaluation (IEE):</b> Assessment of a child requested by a parent who believes that the school did not conduct a proper evaluation.
<b>Individuals with Disabilities Act (IDEA):</b> A federal law that established the rights of children with identified disabilities to get a free, appropriate public education in the least-restrictive environment.	<b>Individual Transition Plan (ITP):</b> A plan to facilitate the transfer of a student from one setting to another, such as a different classroom or school.
<b>Individualized Education Plan (IEP):</b> An educational plan that outlines special education and related services specifically designed to meet the educational needs of student with a disability.	<b>Joint attention:</b> Sharing one's experience of observation of an object or event by making eye contact with another person, following gaze, gesturing and pointing.
<b>Learning Disability:</b> Difficulties in the acquisition and use of listening, speaker, reading, writing, reasoning, or mathematical abilities. (May also be referred to as a	<b>Mainstreaming:</b> The concept that students with disabilities should be integrated with their nondisabled peers. (Also referred to as inclusion).learning disorder or a learning difference).
<b>Mental Age (MA):</b> An assessment of intellectual functioning based on the average standard for children of the same chronological age.	<b>Motor planning:</b> The ability to think through and physically carry out a task.
<b>No Child Left Behind Act (NCLB):</b> Public law 107-110 signed in 2002, aimed at improving performance in public schools by increasing standards in accountability for teachers and administrators. Increased focus on reading is also a key.	<b>Non-Verbal Learning Disability (NVLD):</b> A neurological condition characterized by strong verbal, memory, and reading skills and weaker visual-spatial, motor, and executive functioning as well as some challenges in social interactions.
<b>Neuro-motor:</b> A process involving both the nervous system and muscles.	<b>Objectives:</b> The intermediate steps in an IEP that must be taken to reach the annual goals.
<b>Oral motor:</b> A process involving the nerves and muscles in and around the mouth.	<b>PAC: Parent Advisory Committee</b> for some DAP sites as written in Delaware Education Code.
	<b>PDD-NSS (Pervasive Developmental Disorder-Not otherwise specified):</b> An autism spectrum disorder characterized by the presence of some, but not all the defining symptoms of autism
<b>PECS (Picture Exchange Communication System):</b> A means by which people use pictures to communicate their interests, needs, and spontaneous thoughts, ask and answer questions and schedule activities.	<b>Performance I.Q.:</b> The score derived from various non-verbal tests, such as visual-spatial activities and object assembly

<p><b>Pervasive Developmental Disorder (PDD):</b> The official classification for Autism Spectrum Disorders that is documented in the DSM-IV-TR (Diagnostic and Statistical Manual of Mental Disorders). Included in this group are Autistic Disorder, Asperger's Disorder, Rett's Disorder, Childhood Disintegrative Disorder (CDD), and Pervasive Developmental Disorder-Not Otherwise Specified (PDD-NSS).</p>	<p><b>Pivotal Response Training:</b> Based on the principles of ABA, Pivotal Response Training focuses on motivation and responsivity as the most important features of intervention. It is more child-directed than traditional ABA/Discrete Trial Therapy and specifically targets social behaviors, such as turn-taking, making choices and play skills.</p>
<p><b>Public Law 94-142:</b> The Educational of All Handicapped Children Act of 1975, ratified again in 2004, providing a "free, appropriate public education" for all children with disabilities.</p>	<p><b>Receptive Language:</b> The comprehension of spoken and written communication and gestures.</p>
<p><b>Regression:</b> The loss of skills that have already been learned.</p>	<p><b>Respite Care:</b> Care provided by an individual or institution to a child with a disability so that the primary caretakers, usually the parents, can have a break. Sometimes respite care is funded by state agencies.</p>
<p><b>Rett's Disorder:</b> Features reduced head growth and usually profound cognitive delays. It is an extremely rare genetic disorder that mostly affects girls.</p>	<p><b>SCERTS Model:</b> A comprehensive, multidisciplinary educational model developed by Barry Prizant, and Emily Rubin to address the needs of students with ASDs and related challenges. The acronym stands for Social Communication, Emotional Regulation, Transactional Support, which are the cornerstones of this approach.</p>
<p><b>Seizure:</b> Involuntary movement or changes in consciousness brought by bursts of electrical activity in the brain.</p>	<p><b>Self-help skills:</b> Daily skills such as self-feeding, dressing, bathing, and other tasks that are necessary to maintain health and well-being.</p>
<p><b>Self-stimulatory behaviors:</b> Also called stereotypy, and present in both autistic and neuro-typical individuals, these are repetitive body movements, such as flapping arms or rocking back and forth, or repetitive movements of objects, liking spinning wheels or opening and closing doors.</p>	<p><b>Sensory Integration Therapy:</b> A therapeutic approach that incorporates the use of sensory materials and physical input in order to help children increase focus, regulate moods and tolerate frustration and environmental change as well as reduce negative reactions to stimuli, such as noise, crowded spaces or textures of food or fabric.</p>
<p><b>Sensorimotor:</b> Activities that involve learning through movement and the senses.</p>	<p><b>Supplemental Security Income (SSI):</b> An income-based federal program for individuals with disabilities.</p>
<p><b>Syndrome:</b> A group of symptoms or traits that indicate a particular condition or disorder.</p>	<p><b>Tactile defensiveness:</b> Extreme physical sensitivity to certain textures and sensations.</p>



<p><b>Theory of Mind:</b> The cognitive ability to recognize that one's feelings, perceptions, beliefs and desires differ from those of others. Theory of Mind enables us to assign "state of mind" to others and react and respond to feelings.</p>	<p><b>Treatment and Education of Autistic and Related Communication Handicapped Children (TEACCH) Model:</b> A program of services, rather than a teaching method, in which respect for individual differences, respect and inclusion of parents and various professionals and input from individuals with ASDs are considered in treatment and education. Developed at the University of North Carolina, Chapel Hill and takes a lifespan approach.</p>
<p><b>Verbal I.Q.:</b> The score resulting from various tests involving verbal tasks, such as understanding written material and answering general knowledge questions.</p>	<p><b>Visual Spatial Skills:</b> Skills that are nonlinear, sequential and are dependent upon processing shapes, colors and pictures, rather than language.</p>

**My Child's Worksheet: An individualized informational record for**

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My Child's Health Insurance Company is:

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The policy number is:

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My Child's policy covers

\_\_\_\_\_ Hours of Occupational Therapy per \_\_\_\_\_

\_\_\_\_\_ Hours of Physical Therapy per \_\_\_\_\_

\_\_\_\_\_ Hours of Speech Therapy per \_\_\_\_\_

My insurance covers the following alternative therapies: \_\_\_\_\_

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My Child's doctor is: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Contact: \_\_\_\_\_

**Early Intervention**

For Children Under Three

Service Coordinator \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

## **Education**

The Local School District is: \_\_\_\_\_

Contact: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

## **Division of Developmental Disabilities Services (DDDS)**

Contact Person or Case Manager: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

## **Child Care**

Child Care Center: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Director's Name: \_\_\_\_\_

Teacher's Name: \_\_\_\_\_

## My Child's Medication List

Medication name, dosage, time \_\_\_\_\_

Who prescribed it? \_\_\_\_\_

It treats \_\_\_\_\_

Refills needed by \_\_\_\_\_

Issues/Side Effects \_\_\_\_\_

\_\_\_\_\_

Medication name, dosage, time \_\_\_\_\_

Who prescribed it? \_\_\_\_\_

It treats \_\_\_\_\_

Refills needed by \_\_\_\_\_

Issues/Side Effects \_\_\_\_\_

\_\_\_\_\_

Medication name, dosage, time \_\_\_\_\_

Who prescribed it? \_\_\_\_\_

It treats \_\_\_\_\_

Refills needed by \_\_\_\_\_

Issues/Side Effects \_\_\_\_\_

\_\_\_\_\_

Medication name, dosage, time \_\_\_\_\_

Who prescribed it? \_\_\_\_\_

It treats \_\_\_\_\_

Refills needed by \_\_\_\_\_

Issues/Side Effects \_\_\_\_\_

\_\_\_\_\_

Medication name, dosage, time \_\_\_\_\_

Who prescribed it? \_\_\_\_\_

It treats \_\_\_\_\_

Refills needed by \_\_\_\_\_

Issues/Side Effects \_\_\_\_\_

\_\_\_\_\_

Medication name, dosage, time \_\_\_\_\_

Who prescribed it? \_\_\_\_\_

It treats \_\_\_\_\_

Refills needed by \_\_\_\_\_

Issues/Side Effects \_\_\_\_\_

\_\_\_\_\_